



Tallil Times



Photo by Tech. Sgt. Rusty Schmidt

Blaze Busters

Firefighters from the 407th Expeditionary Civil Engineer Squadron extinguish a burning truck at the motor vehicle compound Oct. 8. According to Group Safety officials, the fire apparently started in the engine compartment before consuming the front half of the truck. No one was injured in the incident.

Tallil units film messages for NFL games

By Master Sgt. Don Perrien

407th AEG Public Affairs

During Veteran's Day weekend, NFL teams will honor men and women in the armed forces serving in support of Operations Enduring and Iraqi Freedom by broadcasting their greetings and support to audiences nationwide during the league's scheduled games Nov. 14.

The project is part of an aggressive community outreach program conducted by CENTAF Public Affairs.

"The benefits of a program like the National Football League plan is twofold," said 1st Lt. Jamie Humphries, NFL greetings project coordinator. "The first is the fact that our deployed people get a shot in the

arm by directly participating in one America's premiere sporting events.

"The second is American citizens are very supportive of our military forces," he said. "Visual greetings from our deployed members enhance that relationship and allow people to see and identify with our men and women in uniform."

Units at Tallil Air Base are taking part in the project by filming their greetings this week.

"I felt happy to represent my group and the Air Force," said 1st Lt. Ian Swayze, 407th AEG anti-terrorism and force protection officer. "I think we did pretty well, and I didn't stutter too much – Go Giants!"

Tallil units are scheduled to film a total of 11 greetings through Sunday.

The greeting featuring the entire 407th Air

Expeditionary Group is scheduled to be filmed tonight before combat bingo in the Big Top.

Participating in this high-visibility project has been a positive experience for people, both in front of and behind the camera.

"The project has been enjoyable because I now have a better understanding of the work it takes to produce an NFL game from a behind the scenes perspective," Lieutenant Humphries said. "The fact that the NFL has gone out of its way to support our deployed people to this extent is rewarding in itself."

"My husband filmed (a greeting) with his unit in Baghdad, and I was in one here," said Airman 1st Class Tiffany Egelston, 407th AEG Command Post controller. "I told my family, and it's going to make them watch football – just so they can see us."

Commander's Corner

By Col. Wade Johnson

407th AEG commander

The mission of operating and maintaining a coalition airfield at Tallil Air Base is hard work, it's the reason we're all here. Many of us work long hours and irregular shifts to accomplish our individual mission tasks.

However, there are still a number of opportunities people can take advantage of during their time here to improve themselves and their military career while deployed as part of the 407th Air Expeditionary Group.

Exercise is a good example. A daily exercise regimen can help relieve stress as well as improve your physical conditioning. Don't go overboard and try to do too much too soon, but setting aside a few hours a week for exercise while you're here can be a good way to make a positive change in your lifestyle.

Another positive change involves tobacco use. If you currently smoke, chew or dip, our Life Skills section offers tobacco cessation classes to help break the habit.



People deployed here can also work toward their Community College of the Air Force degree, or other education program by taking CLEP, DANTES and other courses through our Learning Skills Center.

The mission comes first, but if you have some free time while you're here at Tallil – I encourage you to take this opportunity to improve yourself.

For our new arrivals to Tallil, I always take the time to make a point about safety each week in this column. This week, I want to take a moment to talk about vehicle safety and base speed limits.

While many of us have been here at least a month now, everyone both new and experienced, must be aware of the traffic safety rules in place at Tallil. However, I've noticed more than a few vehicles driving at an excessive rate of speed around our base.

The speed limit on Tallil is 20mph/32kph. It doesn't increase on paved roads, or away from tent city. Excessive speed is one of the most common factors in vehicle accidents. Don't endanger yourself or the lives of others by ignoring the speed limit. Buckle up, and drive safely while you're here at Tallil.

Tallil Talks ...

What are you doing to improve yourself during this deployment?



Senior Airman
Elmer Smiga,
407th ECS:

"I'm studying for the E-5 testing cycle, and researching online schools to finish my bachelor's degree."



Master Sgt.
Gloria Iwurie,
407th Group Staff:

"I'm reading my Bible more, working out, eating right and studying."



Staff Sgt.
Ima Missingpart,
439th POL:

"I'm working with new units and taking on additional responsibilities while I'm deployed."



Master Sgt.
Jeannie Staunton,
407th ESVS:

"I'm working towards completing my Course 12 requirements, taking two CLEP tests for college credit and working out every day."



The Tallil Times

EDITORIAL STAFF

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Commander, 407th AEG

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Deadline for publication is 2 p.m. Thursday before the week of publication. For more information, call 459-0002, or e-mail the staff.

IN BRIEF

Off Duty Education

The Learning Skills Center here at Tallil Air Base offers CLEP, DANTES, Excelsior, CDC, ACSC, SOS, Air War College Testing and other off duty education opportunities. Their office is located in Bldg I-1, the brown Conex across from the Cyber Café & Library. Hours of Operation are 8 a.m. to 8 p.m. Monday through Saturday. For more information, call at 459-1212.

Romanian Army Day

Air Force personnel at Tallil have been invited to compete in the Romanian Army Day Coalition Competition Oct. 11-25. Events include volleyball, a 10K run, ping-pong and chess. Today is the final day to register by calling the Hot Spot staff at 459-0305.

Stop Smoking Classes

Life Skills will be conducting a six-week smoking cessation class starting today. Classes will run approximately one hour. Call 459-0320, or stop by the Life Skills trailer with any questions.

Reflective Belts

Air Force personnel assigned to the 407th Air Expeditionary Group must wear their reflective belts when outside Tent City during hours of darkness or reduced visibility. This includes uniforms, PT gear or civilian dress. Personnel who need reflective belts should contact their unit's supply representative.

BX/PX Inventory Closure

The Tallil Air Base Main Post/Base Exchange will be closed Nov. 15 for inventory. The store is scheduled to reopen with its normal operating hours Nov. 16.

Badge wear

Per 407th Air Expeditionary Group policy, everyone must display their restricted area badges when in Tent City.

Learning leadership lessons

By Lt. Col. Greg Vaughn

407th ELRS Commander

Having had the privilege of being a squadron commander for over six years now, I must say leadership is a true learning experience.

Over the course of an individual career, you have the opportunity to perform in a variety of leadership positions. One of the things we learn is there is not a one size fits all answer for every situation. The events of the past three years, and the challenges we've faced as a nation and as servicemembers, are a prime example.

The next few paragraphs relate some of the more important things I feel I've learned about leadership. The list is by no means complete. As we continue in our careers, there will be many more opportunities to learn; and the list will grow based on our own experiences.

Leadership is about learning the value of teamwork. In many situations, responsibility for successfully accomplishing a task rests with multiple units all pursuing a common goal.

A prime example of this is the deployment of AEF 1-2 and the re-deployment of AEF 9-10. This achievement would not have been

possible without the teamwork of many people in many different organizations all working toward the same goal.

Leadership is about learning how to foster a climate of enthusiasm and creating an environment where good ideas flourish. Enthusiasm is contagious and will quickly spread throughout an organization.

Leadership is learning that change is constant. Whether driven by external or internal influences, we must adopt a continuous improvement mindset from both an individual and an organizational perspective.

The environment in which we operate is constantly changing, and to be successful we must be ready to adapt to remain effective.

This requires constantly examining our processes and asking ourselves, "What is working well, what do we need to change and what needs to be left alone?"

Finally, leadership is about learning from mistakes. No matter how much you try to avoid them, occasional mistakes will and do happen.

It is the lesson you take away from a mistake that matters most, because mistakes provide a valuable learning opportunity for us all.



Photo by Staff Sgt. Maria Bare

Chapel Sandbaggers

Members of the local Focus 56 enlisted support group volunteer their time Wednesday morning to help sandbag the exterior of the Oasis of Peace Chapel here in Tallil's Tent City. The members of the group, representing the base's mid-grade NCOs, support a number of volunteer activities around the base.

Malicious Logic



Viruses, spyware, unauthorized software can 'bug' your computer system

By Senior Airman Pei-Chieh Buster

407th ECS Information Assurance Manager

Your computer starts to run a little weird. You notice the drive light blinking when you aren't doing anything and the system seems a little slow. In the middle of writing an important document your system suddenly reboots for no reason.

At first you may shrug it off, but then you notice a strange program in your 'Start' menu. There is a possibility your system has been infected with a virus – or maybe even hacked.

Unfortunately, if you did not prepare in advance for such an incident, you are probably finding out at this point that your Workgroup Manager may have been on to something when they asked you to update your antivirus software and make sure that all security patches installed were up to date to eliminate those pesky vulnerabilities.

So what do you do now? Since you cannot turn green and burst out of your clothes, like the Incredible Hulk, and go on a rampage until you've found the perpetrators, you will have to settle for the help and support provided by your friendly neighborhood Information Assurance office.

If you think your computer may have been infected with a virus, you need to take action immediately.

Your initial reaction should be to disconnect your computer from the network by unplugging the network cable from the back of your system. This will prevent your system from spreading the possible infection to other computers on the network.

Next you need to contact your WM or System Administrator for assistance; since the responsibility of recovery will shift to them. You should feel confident that you have done the right thing. These experts are fully trained to handle any malicious logic incident, and protect your system using the most up-to-date antivirus software available.

New viruses are discovered almost daily and most antivirus software vendors release updates at least weekly to protect against new threats. It is your responsibility to make sure the most up-to-date antivirus signature files are on your system.



Photo by Staff Sgt. Maria Bare

Members of the 407th Expeditionary Communications Squadron install new computers at the Cyber Cafe here at Tallil Air Base. Personnel who use government-owned computers are reminded not to install unauthorized software on their machines to help prevent the spread of malicious logic.

According to AFI 33-202, *Computer Security*, all DoD information systems and networks should have implemented the approved antivirus software.

Remember that one of the easiest things you can do daily to protect yourself against viruses is to just use a little bit of common sense. If you were downtown shopping and a stranger handed you a suspicious looking package, chances are you wouldn't open it.

This is exactly what you are doing anytime you open an e-mail or attachment from an unknown or un-trusted source. A red flag should go up anytime somebody you don't know sends you an email with something really interesting to look at, like the new Britney Spears video.

Chances are that it's infected with a virus that could potentially bring our network to a crashing halt. Think of your computer as a doorway to our network. If you open the door to anyone who comes snooping around, you are inviting the bad guys in and asking them to do us harm.

You must use the same caution when browsing the Internet. You may think it's okay to download "free" software off the Internet, but this software usually comes with a price. You might get more than you wanted.

Some "free" programs, such as chat software and games, often cause security problems for your system and the network. They can infect your computer with viruses, or even open security holes in the base firewall that can potentially allow unauthorized users access to the base internal network.

Consult your WM or System Administrator and applicable AFIs before placing any software on a government-owned computer.

So remember to take a few seconds every day to make sure your computer has the most current antivirus signature file installed. Contact your WM or System Administrator immediately if you notice anything suspicious on your system.

Finally, use a bit of the common sense we all had issued to us when we joined the Air Force and think before you open attachments or download software from the Internet.



Uniform board alters pattern on 'blue' BDUs

By Tech. Sgt. David A. Jablonski

Air Force Print News

WASHINGTON — Based on feedback from the six-month wear test, Air Force Chief of Staff Gen. John P. Jumper decided to expand the current test program to include a pixelated tiger-striped pattern in a new color scheme on the proposed utility uniform.

The expansion does not involve a full test; instead, there will be a limited production to test pattern and color, said Senior Master Sgt. Jacqueline Dean, the uniform board superintendent.

"The color scheme is only one of many improvements we are testing," Sergeant Dean said.

A small, select group of testers will wear the newest pattern. The solid tiger-striped pattern with its dominant blue overtones is

gone. The latest pixelated test pattern has a more subdued color scheme and is not nearly as distinctive as the one unveiled at the start in August 2003; yet it provides the distinctiveness Airmen have requested, officials said.

"We have sufficient input from Airmen throughout the Air Force to ensure that our uniform decisions are on target with regard to wear, ease of maintenance and fit," Sergeant Dean said. "We kept hearing throughout the test that Airmen loved the wash-and-wear feature and the fit. The design of the uniform will essentially stay the same, with minor modifications based [on] the wear-testers' recommendations."

General Jumper will announce the final decisions regarding the new utility uniform once the test data are analyzed and presented. Determination is expected within the next two months, officials said.

The new design represents a uniform that could be universally worn in all environments, Sergeant Dean said. The unique fit and design will remain the same, as Air Force officials said they want a distinctive uniform for Airmen that fits better and is easier and less expensive to maintain.

"There really wasn't much that Airmen didn't like about the design of the uniform," she said, basing her comment on the large volume of feedback the board received via e-mail, surveys, focus groups and online questionnaires. "We really did capture what they needed and what they wanted."

"The chief of staff listened to the Airmen," Sergeant Dean said. "We asked what they wanted in a uniform, what they needed in a uniform and, as a result, this is exactly what we're getting."

AROUND YOUR AIR FORCE

AETC civilians test new AF-wide finance system

Civilian employees in Air Education and Training Command will soon begin testing a new finance system. It allows employees a chance to get answers to their leave and earnings statement questions without calling or visiting a civilian personnel office.

The AETC test will last two pay periods, and officials plan to launch the system Air Force-wide on Dec. 15.

SmartDocs, a new Defense Finance and Accounting Service program, will be tested with AETC civilian employees starting with the Oct. 20 pay period, said Maj. Eric Bradshaw, AETC financial services division's finance branch chief.

One or two days before payday, civilian employees will receive an e-mail linking to the new online leave and earning statement, SmartLES. Links within the system provide more information via drop-down boxes, Major Bradshaw said.

"If you have a question about pay, leave or just about anything, you can just click on it," he said. "Some links also signify a change from the prior LES and provide a side-by-side comparison between (statements)."

The program's intent is to add convenience to the end user, the major said.

"People won't need to make as many calls to the civilian personnel or base finance office because they can get the answers for themselves," he said. "They also no longer have to wait for their LES to come in the mail; the link to their LES will be delivered to their e-mail box before payday."

One SmartLES with active links and the last four static nonlinked statements will eventually be available through SmartDocs.

SmartDocs uses the myPay global address list, so users must be registered with myPay and have a correct e-mail address in the myPay system to receive the SmartLES link, Major Bradshaw said. (Courtesy of AETC News Service)

William Tell competition returns after eight years

The Air Force's first William Tell air-to-air competition in eight years takes flight at Tyndall Air Force Base, Fla., Nov. 8 to 19.

William Tell 2004 will test aircrew performance in the air dominance and air sov-

ereignty missions, while evaluating weapons use and the tactics used. The meet also includes weapons loading, maintenance and weapons' director competitions.

The two-week event will showcase the air-to-air capabilities of F-15 Eagle units representing four major commands and the Air National Guard. Participating units are: — Air Combat Command: 71st Fighter Squadron from the 1st Fighter Wing here. — Air Education and Training Command: 95th FS from the 325th FW at Tyndall AFB. — Air National Guard: 123rd FS from the Oregon ANG's 142nd FW at Portland. — Pacific Air Forces: 19th FS from the 3rd Wing at Elmendorf AFB, Alaska. — U.S. Air Forces in Europe: 493rd FS from the 48th FW at Royal Air Force Lakenheath, England.

This year marks the 50th anniversary of William Tell. The competition is named after the legendary Swiss archer and was a biennial competition that encouraged the most challenging air-to-air scenarios since 1954. The meet was placed on hold for the past eight years because of military operations tempo and contingency requirements.

(Courtesy of ACC News Service)



Maintaining The Ramp

Photo by Staff Sgt. Maria Bare

Transient Alert keeps Tallil's aircraft moving along

By Senior Airman Christopher Blakowski

407th EOSS

Whether it's a giant C-5 cargo aircraft or a smaller C-21 transport, there's one group of people who are ready to assist Tallil's transient aircraft of every shape, size and type – the Transient Alert staff.

"Our mission is to keep the airfield open, and keep the airflow moving," said Lt. Col. Charles Steeves, 407th Expeditionary Operations Support Squadron commander. "Transient Alert plays a vital role in this mission."

Here at Tallil Air Base, the T/A team consists of six maintenance personnel. Each of the Airmen is from a different base and bring

a unique set of skills from different types of aircraft.

As new members of the team arrive, they receive a crash course and are trained to do a job they have never done before. Many of the personnel have fighter backgrounds, but now they find themselves working on non-fighter aircraft including C-130's, C-17's, Army fixed-wing aircraft and helicopters — even former Soviet-bloc and Iraqi aircraft.

"We're all crew chiefs, and we can do it all," said Master Sgt. Dave Mendez, Transient Alert maintenance superintendent. "The team's main responsibility is to ensure aircraft that transit Tallil receive the service they need to keep the mission moving."

On the flightline, T/A personnel like to

use the word "catch" when they describe working aircraft because it involves a wide range of potential tasks. Some of the duties include marshalling and parking aircraft, refueling the aircraft, and arranging passenger pick-ups and crew transport. The T/A team services commercial passenger and cargo aircraft as well as distinguished visitors.

Working with so many different airframes, organizations and military services is one of the challenges facing the T/A team.

"We tackle a new situation every time an aircraft transits this base," said Tech. Sgt. Kevin Lane, 407th EOSS. "We rely on diplomacy and problem solving skills to get

See T/A TEAM, page 7

T/A Team

Continued from Page 6

the mission done. This is the key to our section's success."

The challenges facing the T/A team don't just begin and end on the flightline. At most bases, each member belongs to a maintenance squadron. At Tallil, they fall under the Operations Support Squadron. However, they've turned that possible problem into an advantage.

"Everyone at Tallil works hard to provide the necessary support for the T/A team to do their job effectively and safely," said Sergeant Lane. "This greatly enhances operations on the ramp. Things would not run as smoothly as they do without this support."

Working with such a variety of aircraft often resembles putting together a puzzle for the T/A team. But it's a puzzle they

solve effectively almost every day.

The team works directly with aircraft and aircrew members from around the world. The T/A team coordinates with up to 10 separate Tallil agencies in many cases to keep aircraft moving.

"We effectively manage aircraft on the ramp for download and upload of cargo and passengers," says Senior Airman Tanya Jesser, 407th EOSS. "We also have to figure out how to accommodate other arriving aircraft to fit around those already on the ground."

For arriving aircrews, the key to the Transient Alert team's success is the ease in which they handle maintenance issues.

"There isn't an aircraft out here we

won't catch and try to fix, for that matter," said Staff Sgt. Joseph Zepeda, 407th EOSS. "If an aircraft breaks on our ramp, we are the first people to dig in and see what the problem is."

According to the six members of the T/A team, they fix the problem on the spot nine times out of 10 and keep the aircraft on its mission. But with few parts and limited tools, sometimes the team works maintenance miracles to get the aircraft ready to fly.

To the team, this job is extremely satisfying at the end of the day.

"Sending people on their journeys home and getting the airlift where it

needs to be has got to be one of the most fulfilling things we do out here," said Senior Airman Michael Hamm, 407th EOSS.



Transient Alert



Photo by Staff Sgt. Maria Bare

Members of the Transient Alert team assigned to the 407th Expeditionary Operations Support Squadron hook up an auxiliary power unit to an aircraft arriving here at Tallil Air Base, Iraq. The men and women of the T/A team work with up to 10 different Tallil-based units to service transient aircraft.

DEET first line of defense against insects

By 1st Lt. John Fage

AF Reserve Command Public Affairs

ROBINS AIR FORCE BASE, Ga. — Whether hiking in the woods at home or serving in the sands of the Middle East, Airmen need a repellent to shield themselves from biting insects.

The active ingredient in most skin-applied repellents is commonly referred to as DEET. It is a must on almost every deployment checklist and for good reason. It protects servicemembers on the ground from mosquitoes, deer ticks, biting flies, chiggers, fleas and other insects.

“Insect bites are a painful nuisance and may even be a source of disease,” said Maj. Martin Alexis, bioenvironmental engi-

neer for AFRC headquarters here.

“DEET serves as a first line of defense against biting insects and other vector-borne diseases.”

Vector-borne infectious diseases continue to emerge and strengthen because of changes in public-health policy, said officials at the Centers for Disease Control and Prevention in Atlanta. As these diseases evolve, they become less susceptible to insecticides and drugs.

While all Airmen should use DEET, not all do, officials said.

Some people are skeptical about using it, wondering how something that repels insects can be a good thing to put on their hands, arms, faces and necks, es-

pecially when deployed and showers can be limited.

“Maybe it’s sticky or uncomfortable,” Major Alexis said.

Airmen risk contracting diseases such as malaria and leishmaniasis if they do not protect themselves, he said.

“Deploying personnel are supplied with three containers of DEET,” said John Depew, 78th Logistics Readiness Squadron assistant installation deployment officer here. “One comes with their A-bag, and their units supply two additional containers once they are in theater.”

DEET was developed by the U.S. Department of Agriculture in 1946.

The human body emits car-

bon dioxide and that is what attracts many insects. It acts like a homing device, guiding mosquitoes to their dinner. DEET disrupts an insect’s ability to detect carbon dioxide.

According to studies in the New England Journal of Medicine, DEET-based repellents provide longer protection from insects than repellents without it.

The Consumer Specialty Products Association lists some important tips to keep in mind when using DEET:

- Always follow instructions.
- Do not soak clothing or bedding with DEET-based repellents.
- The more DEET in the product, the longer the protection lasts.
- DEET-based repellents should be applied to exposed, unbroken skin.



Photo by Staff Sgt. Maria Bare

New ESFS Commander

Col. Wade Johnson, 407th Air Expeditionary Group commander passes the 407th Expeditionary Security Forces Squadron guidon to Lt. Col. Chuck Douglass, while Lt. Col. Stan Contrades, outgoing ESFS commander looks on during a ceremony held Tuesday at the Security Forces Compound. The 407th ESFS is responsible for protecting the facilities and personnel deployed here to Tallil Air Base, Iraq.

407th AEG Warrior of the Week A1C Phillip A. Sweet

Unit: 407th Expeditionary Security Forces Squadron

Home unit: 4th Security Forces Squadron, Seymour-Johnson AFB, N.C.



Why other warriors say he's a warrior: "Positive role-model Airman! Hand-picked for squadron's elite Quick Reaction Force—provides heavy weapon security and special tactics for visiting dignitaries and unannounced threats to Tallil's security. Volunteered precious off-duty time to train with the team. Provided security on his off-duty time for Operation Reachout, where ESFS members go "outside the wire" and provide food, water, and other essentials to local Bedouins."

Most memorable Air Force experience: "Graduating from Air Force Basic Training."

Hobbies: Watching the Yankees win and backpacking in Colorado when I get the chance.

Identify This



KNOW WHAT THIS IS? Each week, the "Tallil Times" staff takes a photo from around Tallil AB. If you can identify the object or item, shoot us an e-mail at: tallil.times@tlab.aorcentaf.af.mil. with "Identify This" in the subject block. The winner receives a prize and gets their name printed in the Tallil Times. Congratulations to Senior Airman Erin Brooke for correctly identifying the photo in last week's newspaper of the computer mouse wheel.

Wild Iraqi Safari

Arabian Camel



Just outside the Tallil inner perimeter, herds of domesticated camels roam around, seemingly undisturbed by the military vehicles zooming past them. People in this region have kept camels for thousands of years for transportation, milk, meat, wool and hides.

The species of camel found here is *Camelus dromedarius*, the one-hump dromedary or Arabian camel. They stand up to seven feet tall at the hump, weigh over 1,500 pounds, and can live to be 40 years old. Known as the "ships of the desert", camels can carry almost 1,000 pounds of cargo 25 miles in a single day. The camel's shaggy fur comes in a variety of brown colors, from creamy white to almost black. Camel hair is used worldwide for high-quality coats, rugs, and artists' brushes.

Two popular myths surround camels: that they have a very nasty temperament, and that they store water in their humps. Camels are actually fairly good-tempered, patient and intelligent animals; otherwise, they would not have been such a popular choice as livestock.

Camels store fat in their humps, not water. When food becomes scarce, a camel can use this fat for energy. When the fat is used up the hump will flop over and hang down the camel's side, but a few days of food and rest will restore it to an upright hump. A camel can go up to seven days with no food and water, and can lose a quarter of its body weight without serious effects. When they do reach water, stand back; a thirsty camel can drink as much as 21 gallons in ten minutes!

Column and photo courtesy of Maj. Sharon Spradling, 407th Expeditionary Medical Group.



Photos by Staff Sgt. Maria Bare



Base populace puts talent on display

Eleven acts vied for fame, fortune and the coveted title of Tallil Idol at the basewide talent show held in the Big Top Sunday night.

Acts from Air Force and Army units dazzled the audience, and even occasionally impressed the so-called celebrity panel of experts who judged the event.

More than 200 Soldiers and Airmen from across Tallil Air Base attended the event as Jack R. Denny (pictured at top) from Altus, Oklahoma took home the title of Tallil Idol.





OUT AND ABOUT



Worship services

Worship is at the 407th Air Expeditionary Group Oasis of Peace Chapel, unless otherwise noted. The chapel is open 24 hours a day for prayer and reflection. For details on worship opportunities, call 459-0006.

Sunday
8 a.m. Roman Catholic Mass
9:30 a.m. Traditional Protestant service
10 a.m. LDS service at the Army's Religious Activity Center
12:30 p.m. Air Force/Army Gospel service in the Big Top
6 p.m. Contemporary choir rehearsal
7 p.m. Contemporary worship service

Monday
6:30 p.m. Gospel service prayer time in the chapel resource trailer
6 p.m. Roman Catholic Mass
6 p.m. Experiencing God Bible Study in the Chapel Annex
7:30 p.m. Gospel choir rehearsal in the Big Top

Tuesday
7:15 p.m. Christian Leadership Bible study
8 p.m. Christian Discipleship Study. Call Marine Staff Sgt. Ross Hrynewych at 459-0761 for details.

Wednesday
5 p.m. Catholic Choir rehearsal
6 p.m. Roman Catholic Mass
7:30 p.m. Protestant Choir rehearsal
8 p.m. Purpose Driven Life Study in the chapel annex

Thursday
6:30 p.m. Catholic choir rehearsal
7:30 p.m. LDS study in the Army Religious Activity Center
7:45 p.m. Gospel service Bible study

Friday
11:45 a.m. Islamic prayer at the BX/PX, call 833-1154 for info
6 p.m. Roman Catholic Mass
7:30 p.m. Gospel choir rehearsal

Saturday
6 p.m. Vigil Mass
7 p.m. Contemporary choir rehearsal



ESVS Presents Just for fun



Tonight, Bingo,
 7:30 p.m. in the Big Top; country music at 8:30 p.m.

Saturday, Cribbage at 8 p.m.; Saturday Nite Club Mix at the Big Top, 8 p.m.

Sunday, Jenga, 8 p.m.

Monday, Bid Whist, 8 p.m.

Tuesday, Dominoes, 8 p.m.

Wednesday, Pinochle, 4 p.m.; Hearts, 8 p.m.; Spades, midnight

Thursday, 9-ball, 8 p.m.



AT THE MOVIES



Movies, schedules subject to change

Big Top Movies

Saturday

3:30 p.m. Raising Helen

6 p.m. First Daughter

Sunday

3:30 p.m. Around the World in 80 Days

6 p.m. Spiderman 2

Monday

5 p.m. Garden State

Tuesday

5 p.m. White Chicks

7:30 p.m. Two Brothers

Wednesday

5 p.m. Paparazzi

7:30 p.m. Garfield

Thursday

5 p.m. Dodgeball

7:30 p.m. Without A Paddle

Cricket Movie Theater

Viewer's Choice

Everyday at 2, 4, 6 and 10 p.m.

Today

Noon, Manchurian Candidate
8 p.m., Chronicles of Riddick
Midnight, Manc. Candidate

Tuesday

Noon, Garden State
8 p.m., Garden State
Midnight, Garden State

Saturday

Noon, Dodgeball
8 p.m., Suspect Zero
Midnight, Dodgeball

Wednesday

Noon, White Chicks
8 p.m., Two Brothers
Midnight, White Chicks

Sunday

Noon, Raising Helen
8 p.m., First Daughter
Midnight, Raising Helen

Thursday

Noon, Paparazzi
8 p.m., Garfield
Midnight, Paparazzi

Monday

Noon, Around the World In 80 Days
8 p.m., Spiderman 2
Midnight, Around the World

Oct. 22

Noon, Dodgeball
8 p.m., Without A Paddle
Midnight, Dodgeball



Photo by Staff Sgt. Maria Bare

Dodgeball: The Movie

Senior Airman Melissa Gridley, 407th ECS, films participants in the October Dodgeball tournament held Sunday in the Tallil Tent City Big Top. More than 20 teams from three nations entered the event.

In the finals, ELRS#2 defeated ECES#1 to win the \$200 first prize offered by the Top 3.

SPORTS SHORTS

(For more information on these events, stop by Muscle Beach or call the staff at 459-0136)

Fitness classes

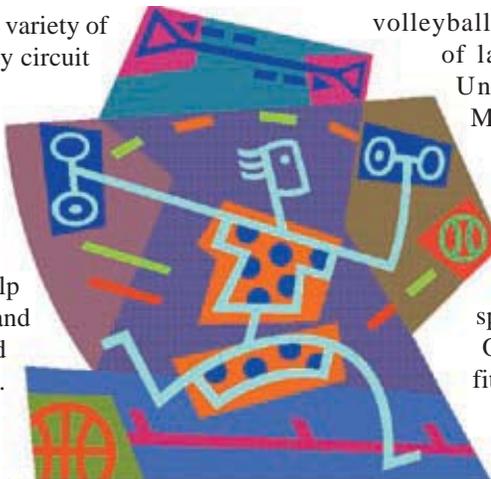
The Muscle Beach staff runs a wide variety of fitness programs, including upper body circuit training, lower body circuit training, Pilates and aerobics. Why not stop by the fitness center to see what they have to offer?

Volunteers please

The Muscle Beach staff needs help with events on the calendar. Stop by and talk to a staff member if you're interested in helping out during your off-duty time.

Painters needed

The Muscle Beach staff is looking for talented artists to help decorate their gym facilities. If you can draw, paint, or just help out, contact the Muscle Beach staff at 459-0136 to volunteer.



Sports Day Oct. 23.

The 407th Expeditionary Services Squadron is hosting a Sports Day Oct. 23. Events include a 5/10K run and 2-mile walk, 3-on-3 Basketball, pullups, horseshoes, volleyball, situps, pushups and dodgeball. The winners of last month's event were the Civil Engineers. Unit Sports Representatives should call the Muscle Beach staff at 459-0136 to sign up.

Proper attire

Muscle Beach customers are reminded that desert camouflage uniforms aren't allowed in the facility while working out or participating in any sporting events.

Only proper fitness attire can be worn while in the fitness facility.

Incentive programs begin

The Muscle Beach staff has numerous fitness incentive programs including a 300-mile cycling club and Fit to Fight. For more information on how to become part of these programs, stop by Muscle Beach and talk to the staff.