

RAF LAKENHEATH, UK
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JET 48

Submissions: Jet.48@lakenheath.af.mil
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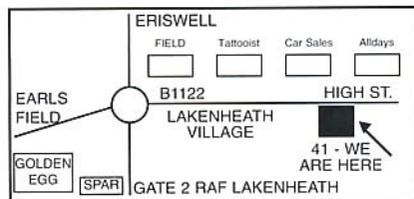
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Being part of a team means playing by the rules

BY COL. JOHN T. BRENNAN
48TH FIGHTER WING COMMANDER

Along with the thrill of being stationed overseas, come some pretty serious responsibilities. Each of us represents not only the U.S. Air Force but also the United States herself. Based on your personal actions and behavior, people will look to you as the standard of American behavior and form opinions about what all Americans are like.

How we behave in public, and to some degree in private, allows our hosts to form opinions about what kind of people we are and specifically, what the Air Force is all about.

This means when you are out on the town drinking or exceeding the speed limit through a residential area you represent me, your coworkers and your families – and that is a serious responsibility.

This also means that you need to think – *before you act* – about how you want other people to view you and your fellow Americans.

And you owe it to your fellow airmen, your family and even our country to be responsible, upstanding citizens within our

local communities and the surrounding areas.

Use your craniums and play it smart by playing by a few rules.

Avoid explosive situations

Look out for each other when you're out and about and make it a point to avoid trouble. If you encounter a potentially harmful situation, walk away and find the proper authorities to diffuse the situation responsibly. Additionally, take responsibility for each other and never allow one of our own to initiate an attack on another person.

Be aware of driving conditions and speed limits

If there's fog, ice or snow, don't pass – nothing is worth the risk.

Obey the speed limit – especially in populated areas. You don't want to be the one who accidentally hits a child because you had to speed through town. Nothing is that important.

Don't drink and drive

It's amazing how many times this needs to be repeated, but some people still aren't

getting the message. If you choose to drink, drink responsibly and have a plan and a backup

before you start to drink. Know how you are going to get home and don't think you won't get caught, because you will.

It seems pretty simple, doesn't it? But you'd be amazed at how many folks don't think these rules apply to them. They're wrong.

By following these basic rules of common-sense behavior and doing the smart thing, you help preserve the friendship that many have worked so hard to develop over the years with our British hosts, additionally, you may save lives, including your own.

Living overseas is an exciting opportunity for us all, but the key to enjoying our assignment is to be attentive to our surroundings and aware of the fact that you are representing much more than just yourself.



YOUR LINK TO THE COMMANDER

The Action Line is your direct link to me for complaints, suggestions or comments. It's not intended to replace the chain of command. When normal command and agency channels haven't been able to resolve your concerns, call 7-2324, fax 7-5637, e-mail (Action.Line@lakenheath.af.mil), send through distribution (48 FW/WPA), mail (48 FW/WPA, Unit 5210 Box 215 APO AE 09464-0215), or hand carry your Action Line to the public affairs office (Building 1085). You may remain anonymous; to receive a reply, leave your name, unit, duty or home phone number, and full APO mailing address. Names are confidential.

48th Fighter Wing
Commander

Kudo

I am writing to about the outstanding performance of three individuals on your base. The first is Airman 1st Class Cami Burney, 48th Security Forces Squadron. Every time that I come through the gate and she is there, I am met with a smile and extreme professionalism. She always makes entry into the gate an expedient and

pleasant experience. She is very courteous and positive.

My second acknowledgement goes to Senior Airman Michael Twinning, 48th Security Forces Squadron. He gets me through the gate quickly and always addresses me by name.

Finally, Staff Sgt. Michelle Long, 48th Dental Squadron, is a thorough and friendly professional. When I enter the clinic she greets me with a smile and tries to help me as soon as possible. I appreciate her urgency in getting me taken care of.

All of these people I feel do an exceptional job and should be commended.

Sincerely,
Leisl Brown

Phones

I am involved in the renovations being done on T-Bird Way. Families have been without phone service. During the renovations, British Telecom was to shut our old phone lines down and turn on the new lines to our

current residences.

During the renovations, the telephone line to our current residences was cut. According to BT, they are unable to run a new line because it was cut during the construction. We made the situation known to the chief of facilities.

He rode by one day when the civil engineers were at the site working in a manhole and BT pulled up at the same time. He assumed they were fixing the problem. This was not the case. BT was fixing another problem we were having – a backed-up sewer line. However, he did not stop and just rode by.

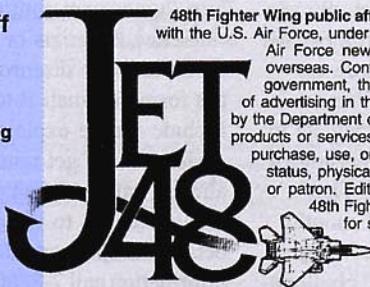
We contacted him again and he stated a subcontractor has been called to fix the phone line. On Jan. 3, the subcontractor was supposed to come out but did not show. I called again and he was made aware the problem was not fixed as he assumed.

See Action Lines, Page 4

ACTION LINE

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ON THE COVER

Capt. Michael Messer, 494th Fighter Squadron is greeted by daughter Carolyn, and wife Buffi, on his return from AEF 2, March 14. (Photo by Airman 1st Class Joanna Reihle)

Jet48 Commander's Forum

Action Lines, from Page 3

We have been without phone service for more than a month. One family phone was scheduled to be turned on Dec. 13 and our service was scheduled to be turned on 15 Dec. The housing office is spreading themselves too thin with the renovations. It takes an act of Congress to get issues resolved and shows a lack of pride in their work. I do not enjoy doing foot work for housing, and I should not know anything about a subcontractor.

Everyone is nice but not getting anything done. Niceness does not fix the situation. The bottom line here is we are doing the leg work for the housing office to get our situation resolved, and I do not appreciate it.

Your phone call has made a difference – thanks. You have pointed out a problem with our housing renovation contract that we had not anticipated. We had no provision for testing the restoration of phone service when accepting newly renovated houses. When your problem was discovered, we had no process or office ready to fix it. Only after numerous e-mails and phone calls to assorted parties, to include BT, was the problem fixed. Needless to say, we are now reviewing and revising our housing renovation contract to include a positive test of phone service before we accept a unit back from the contractor. When complete, the occupant and BT will establish the phone service date. We apologize for the inconvenience. If you have any further questions, call the housing management office at 7-3196.

Parking tickets



Photo by Staff Sgt. J.C. Woodring

Parking across from the fitness center and library is prohibited.

My question is concerning the parking tickets that security forces recently started handing out on cars parked across the street from the gym. The street is the same street as the base library, and there are not any indicators that we are not allowed to park there. To me it doesn't make sense to hand these out, especially considering the shortage of parking on base. Is there any way that you could clarify the parking on this street so that everybody knows what it is?

The good news is, 123 new parking spaces are now available as a result of our completion of the dormitory project and the hospital annex. As drivers, we collectively share the

responsibility for keeping our roads safe. Parking on a roadway not marked for parking or in any other non-designated spot is illegal and unsafe. On the street you identified, Plymouth Road, cars had been allowed to park there during the construction of the dormitories and the new skills development center when much of the adjacent parking lot was taken up by the contractor's equipment and office trailer. However, with the completion of those projects and the resurfacing of the parking lot to include an additional 63 parking slots, cars must no longer park on Plymouth Road, it obstructs traffic flow and prevents access for emergency vehicles. People are reminded to abide by the base traffic code.

Unlike off-base where vehicles can park anywhere unless identified as "parking prohibited," the on-base traffic code only allows parking on streets marked for parking. It's not cost effective or practical to mark all prohibited areas, so on-base we identify where drivers can park. Authorized on-base parking is usually designated by white lines indicating a parking area. Drivers can refresh their knowledge of our community's traffic code by reviewing Air Force Instruction 31-204 and RAF Lakenheath Instruction 31-204, Air Force Motor Vehicle Traffic Supervision and Traffic Code. Copies of these references are located at the police services desk, Building. 1047 for review 24 hours a day, seven days a week.

If you have a specific question, call the police services section at 7-1428.

Jet noise

I am sitting here wide awake at 4 a.m., because I was woken out of my sleep by planes flying at ridiculous hours. Either you're flying before dawn cracks, or else you're flying even after the roosters have gone to bed. My question is why? Has anyone even thought that some people on base might have small children that can't sleep through that kind of noise? Or there might be people on base that are sick, and need to get their rest.

I understand that you have a mission that you need to accomplish, but I think everyone would be better served if this was done during normal hours. Is there any way that the flying times could be a little more reasonable?

In our day-to-day operations, we pay close attention to our community quiet hours, which begin at 11 p.m. and end at 6 a.m. Unfortunately, sometimes our nation needs our Liberty Wing's combat power somewhere in the world, and this is the reason you were awakened by jet noise at 4 a.m., March 9.

Our wing was proudly launching 12 F-15C Eagles from the 493rd Fighter Squadron on their very long deployment flight to Prince Sultan Air Base, Saudi Arabia, to participate in Operation Southern Watch and the mission of enforcing the UN no-fly zone in Iraq. That launch represents the culmination of months of hard work and preparation by the wing, as team Lakenheath stepped up to our challeng-

ing lead-wing responsibilities in AEF 4.

Our deployments outside the flying hour window are few, but necessary for the safety of our airmen. I appreciate your understanding and hope you agree with me that the sounds of our 48th Fighter Wing warriors soaring downrange was worthy of some measure of sacrifice from each of us, airmen and families, who proudly proclaim membership on Team Liberty.

TRICARE

We're enrolled in the TRICARE Europe Delta Dental Plan because we thought it was mandatory. Now after watching the Air Force News on TV and calling the TRICARE office, we learned that the base dental clinic can handle the needs of the families on the base except those needing to be referred off base. We called the TRICARE office and asked them why didn't they inform people this wasn't mandatory. They could have verbally or by e-mail clarify this. They said they don't know. So now, we're stuck in this dental plan that we don't need, paying \$15 a month for two years. I think they need to clarify this before more people get into it who don't need it.

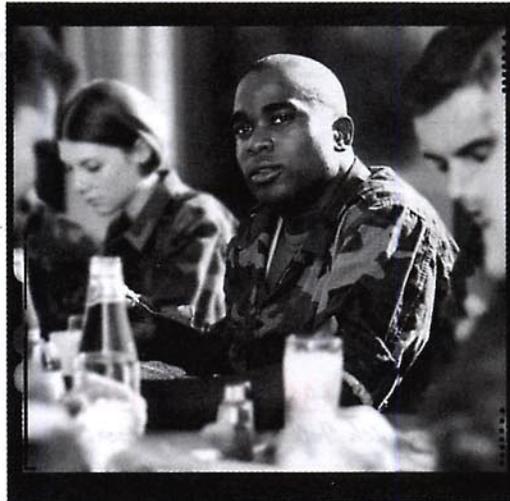
The 48th Dental Squadron, is fully staffed to accommodate most family members dental needs except for braces. The TRICARE Dental Plan-Overseas, in effect since 1999, was created to insure that all needs for overseas families could be met regardless of base facilities. Enrollment in this plan is not mandatory in order to receive dental care from the dental squadron. The insurance plan can only be used if our dental facility cannot provide the required care. Many individuals elect to enroll in this plan to receive orthodontic care overseas, to provide coverage for college students, or for family members taking extensive vacations Stateside. Every new member of the Lakenheath-Mildenhall community is given a dental briefing at his or her initial orientation, which covers this insurance plan, and the benefits for individuals assigned here. We have added additional slides to ensure clarity about benefits, enrollment and disenrollment.

The briefing specifically addresses under what circumstances individuals should or should not enroll, and who to contact for more information. There is a possibility of disenrollment depending on an individual's specific circumstance. The enrollment form must be completed which is available for download at the United Concordia Web Site, <http://www.ucci.com/tdp/tdp.html>, under reference materials or through the dental clinic.

Follow the disenrollment instructions on the form and mail it to the address indicated. Include a note explaining the circumstances.

In order to get reimbursed for premiums already paid, send an e-mail explaining the circumstances to oonus@ucci.com with details on sponsor information. For more information call 7-8800.

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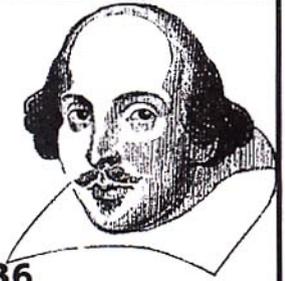
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Families wait anxiously at Hanger 6 March 14, for the return of Liberty Wing members from AEF 2.

Photos by Airman 1st Class Joanna Reihle

Mission accomplished

Liberty Wing members return home from AEF 2

BY SENIOR AIRMAN
CHARLENE CARL
48TH FIGHTER WING PUBLIC AFFAIRS

More than 200 members deployed as part of Air Expeditionary Force 2 in support of Operation Southern Watch returned home to a warm welcome from the Liberty Wing, March 14. While there, these members were among the American and British forces that took part in

the bombing of Baghdad last month after increased military actions between Iraq and NATO.

The group was greeted and acknowledged for their service by the wing commander as they stepped off the plane. Then, they were treated to a celebration with family and friends in Hangar 6. Food, music and respect for the mission they accomplished surrounded the group.

"It's very emotional. I was so excited about seeing Carolyn (his daughter) and my wife," said Capt. Michael Messer, 494th Fighter Squadron.

Messer said he missed Christmas, Carolyn's birthday and their wedding anniversary.

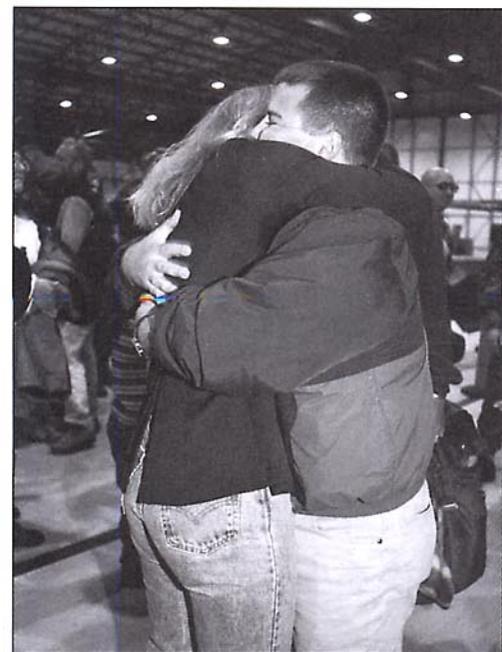
"We were counting down the days," said Messer's wife Buffi.

Also welcomed home was the commander of the 494th Fighter Squadron.

It is nice to be back and see my wife and children, said Lt. Col. Steve Depalmer, 494th Fighter Squadron commander.

"My children have grown like weeds since I have been gone," he said. "I will spend some time catching up on their artwork and accomplishments while I was gone."

Under the AEF concept, returning members will not deploy again for 15 months. This will give them time to settle back into their squadrons and family life.



(Above and below) Members of the 48th Fighter Wing, greet their loved ones on their return from AEF 2 deployment, Al Jaber Air Base, Kuwait.



On their return, airmen were treated with a variety of snacks, complete with a cake.

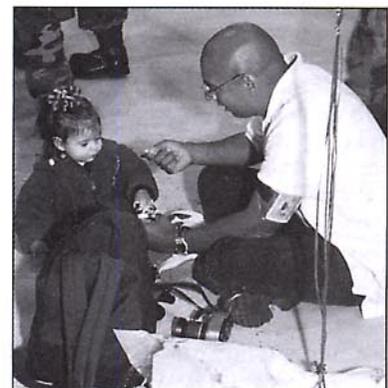




Photo by Airman 1st Class Joanna Reihle

Out and about

Col. Lafae Johnson, Headquarters Air Force security forces center, Lackland Air Force Base, Texas, greets 48th Security Forces members during his visit here March 7. Johnson was here to inspect the 48th SFS. The squadron is competing for the Best Large Security Forces Squadron in the Air Force.

Poison prevention

Common household items can be hazardous to children

BY STAFF SGT. DANITRA LONG
48TH MEDICAL SUPPORT
SQUADRON

Children are at the highest risk for accidental poisoning from prescription and over-the-counter medications as well as household products because of their natural curiosity.

March is National Poison Prevention Month. The pharmacy has poison kits available containing "Mr. Yuk" stickers, information on treatment and syrup of Ipecac. Also available is the Poison Lookout checklist.

People can bring old or expired medication to the pharmacy for disposal. If in doubt about the usefulness of a medication, call 7-8346.

Most people have substances around the home without realizing the danger they can cause if ingested or inhaled. Many household products such as laundry detergents, mothballs and cooking sherry, can be lethal if inhaled or ingested by a child.

In many cases, it takes just one adult-strength pill to pose a potentially lethal threat to a child. Easy accessibility, attractive packaging, lack of or failure to use child-resistant closures can make products commonly used around the home a leading cause of accidental poisoning.

Cleaning products, analgesics, cosmetics, plants and cough or cold medications are some of the most common categories of household poisons.

More than 900,000 visits to the emergency room in the United States occur each year because of poisoning. About 90 percent of those cases occur in the home and about half involve children less than 6 years old. Common household items are usually the cause of accidental poisoning. In fact, in nearly 80 percent of the cases, the poisoning occurs while the product is in actual use.

For that reason, the best form of poison control is the proper storage of potentially dangerous household products and medicines.

The following poison prevention tips are recommended:

Always store medication and household products in the original packaging and keep them out of the reach and sight of children.

Put products away immediately after using.

Buy medicine and household products in child-resistant packaging.

Never put inedible products in food or drink containers.

Do not remove child-safety caps from medicines and vitamins and always make sure the caps are on tight.

Do not leave a child alone in a room with poisonous substances – even for a second.

Never tell children that medication tastes like candy.

Make sure that caregivers keep their medications out of a child's reach.

Unfortunately, not all poisoning accidents can be prevented. Poisoning incidents are very serious, and speed plays a crucial role. Tell-tale signs of poisoning include: unusual stains or odors on clothes or skin; unusual odor on breath; drowsiness; stomach pain; vomiting; sweating; drooling; irritability; signs of fear or other sudden changes of behavior; and drug or chemical containers left open and are out of place.

More than 70 percent of poisonings can be treated through instructions given over the telephone. If you suspect the symptoms of poisoning, call your physician or the emergency room at 7-4226.

LIBERTY WARRIOR



Hometown: Madisonville, Ky.
Time in service: 15 years
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Role in mission: Working with all supply functions, customer organizations and other agencies ensuring they gather complete and factual information.

Hobbies: Sports and reading
Favorite movie: *Blazing Saddles* and *The Color Purple*

How do you contribute to the wing mission? Making sure the policies and procedures are in place at supply to provide aircraft parts to maintenance.

What do you like best about the Air Force? Interacting with people, experiencing different cultures and the chance to travel.

If you could change one thing

about the Air Force, what would it be? Demonstrating professionalism – the military is a 24-hour job, and we need to refocus our attention on military image on duty and off.

What do you like most about being in the United Kingdom? Learning about this country's history.

How would you improve life at RAF Lakenheath? Develop more programs for our dependent children, especially high school and middle school students.

How do you fulfill core values? I treat every task as an opportunity to excel, putting service before self and maintaining integrity.

What's the most exciting experience you've had in the Air Force? Going TDY to Italy, Canada, Saudi Arabia and various places in the United States.

What was the last book you read? Why did you read it? *The Bluest Eyes* by Toni Morrison because a friend recommended it.



Photo by Staff Sgt. William Greer

Staff Sgt. Jeffrey L. Cox
48th Supply Squadron


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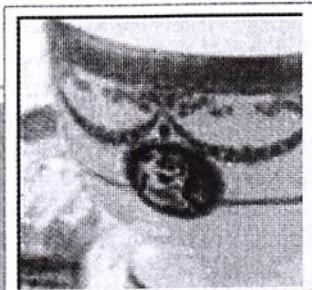
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Taking care of our own

Airmen's food pantry comes to RAF Lakenheath

BY 48TH FIGHTER WING
PUBLIC AFFAIRS
STAFF REPORT

The RAF Lakenheath Airmen's Food Pantry is scheduled to begin operation Monday. They are located in Building 949, Room 303.

The pantry will open from 10 a.m. to 2 p.m. Mondays, Wednesdays and Fridays.

"The shelves at the new airmen's food pantry are well stocked and ready for operation thanks to the generous donations from the Lakenheath and Mildenhall community," said Bob Davison, Food Pantry director.

The airmen's food pantry is a new service developed to provide short-term assist to airmen during times of financial crisis. The service is available to airmen with dependents and some singles if needed, with a referral.

"The idea for a food pantry got started when we PCS'd here from Lackland Air Force Base [Texas] 16 months ago where they had a very successful food pantry program. We observed the wonderful impact the 'Good Sam' program has with collecting food donations over the holidays and wanted to expand this assistance year round to airmen and their families in need. After doing some research we found many Air Force bases with successful food pantry programs and wanted to find a way to provide this assistance here," said Davison.

According to Davison, the food pantry is there to lessen the financial burden by providing non-perishable food items at no cost for short-term relief and is not meant to be a sole or long lasting source of food.

The first visit can be made without a refer-

ral and only requires proof of status such as a copy of orders or a family member's identification card.

During the first visit, the customer will be given a memo identifying the various helping agencies or referral sources on the base. It is up to the customer to follow up with addressing these underlying issues and receiving a recommendation for additional visits to the food pantry.

"During the first visit, we only ask customers to provide some basic information for tracking purposes. Confidentiality will be maintained and pantry volunteers will not get involved in the referral process. It is the responsibility of the customer to follow up if they feel they need additional visits to the pantry. The individual has the freedom to choose the referral source they think would be most beneficial for their particular circumstances," he said.

Recommendations for additional visits are accomplished by having a helping agency, supervisor, first sergeant or commander complete the bottom portion of the memo and returning it to the food pantry with the next visit. A total of four additional visits can be recommended from different support resources to include supervisors, first sergeants, commanders, chapel, family advocacy, family support, red cross and providers of medical and psychiatric services.

"Our intention was to make this a simple process, giving the individual the freedom to choose who they feel would be most helpful. Although it has taken a long time to get this program up and running, I am confident it will provide tremendous support to some members in our community," said Davison.

"I think it will also strengthen our sense of community and family as we reach out to help one another in our home away from home," he

Jet 48 Fact File

□ The 48th Fighter Wing commander has declared April 13 and 16 RAF Lakenheath family days.

□ Spring ahead - Don't forget to turn clocks ahead 1 hour at midnight, Saturday.

added. For more information, call (07753) 859 692 or 7-3794 or e-mail lkr99@btinternet.



Photo by Senior Airman Tiffany Fowler

Airmen's food pantry volunteers accepted nonperishable food items and money donations March 10 at the commissary.

RAF Lakenheath, RAF Mildenhall transient maintenance cost comparison

The 48th Fighter Wing and 100th Air Refueling Wing commanders, Col. John T. Brennan and Col. Bruce E. Burda, announced a decision for the transient maintenance cost comparison.

The comparison determined contract performance would be the most efficient and cost effective method of operation. The cost comparison impacted a total of 15 enlisted personnel, who will be assigned other duties within their respective wings. This cost comparison was conducted in compliance with the Air Force policies to reaffirm the government's policy to rely on the private sector for products and services.

When in-house performance of commercial activities is not required for national defense reasons and contracting is more cost effective, conversion to contract performance is in the best interest of the American taxpayer.

For more information, call Capt. Manuel Griego at 98-3195.

(Courtesy of the RAF Lakenheath and RAF Mildenhall man-power and organization offices)

Saluting women of courage, vision

BY JERALD ALEXANDER
MILITARY EQUAL OPPORTUNITY OFFICE

March is National Women's History Month. A luncheon will be at 11:30 a.m. today at the Eagles' Landing. Tickets are \$10 for club members and \$12 for non-members. For tickets call the military equal opportunity office at 7-3278 or 98-2468.

The theme is "Women of Courage and Vision." The guest speaker will be Navy Capt. Mary Dimel. Dimel is the Deputy Chief of Staff for Manpower, Personnel and Training, U.S. Navy Europe, located in London.

"My position is to provide management oversight of over 4,000 military positions in Europe. We are also involved with providing personnel to fill positions in our contingency operations in Bosnia and Kosovo." This includes a force of active duty and reserve Navy personnel.

She enlisted in the Navy in 1974 in the personnel field. "I was one of three enlisted women at my command of about 600 people. So we were still quite the novelty. Even today, with women serving on active duty in the Navy, I still encounter many men who have never served with women before." She received her commission in 1977 and was the honor graduate of her class.

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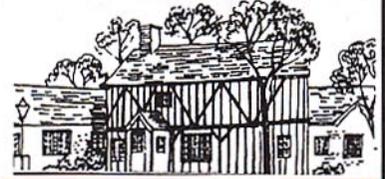
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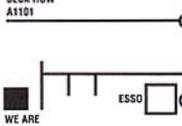


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WE ARE HERE

Recognizing humanitarian services provided by ARC

BY TECH. SGT. MARY MCHALE
48TH FIGHTER WING PUBLIC AFFAIRS

From dealing with the devastation of disasters to delivering news about family members far from home, the American Red Cross has a history of humanitarian service.

March celebrates that history by its designation as American Red Cross Month.

Founded in 1881 by Clara Barton, the month was first officially proclaimed by Franklin D. Roosevelt in 1943. Since then, each U.S. president, who actually serves as the organization's honorary chairman, has issued such a proclamation to recognize the ARC and its achievements.

Barry Hall, station manager, ARC United Kingdom, said the number-one mission of the organization is emergency communications between military personnel and their families. The organization can quickly send a message to anywhere in the world including ships, embassies and isolated locations any day at any time. In 1999, the ARC provided emergency communication services to more than 475,000 military personnel and their families.

"We provide that vital communication link during times of crises," Hall said. Here, the organization is geographically responsible for the United Kingdom and Iceland.

According to ARC staff writer Christina Ward, "The American Red Cross is dedicated to helping families and communities be safer, healthier and more secure. As a humanitarian service organization currently operating on a budget of \$2.7 billion, the Red Cross annually mobilizes relief to the victims of more than 63,000 disasters nationwide and has been the primary supplier of blood and blood products in the United States for more than 50 years."

Another more visible aspect of the organization is its volunteer program. Hall said in a given year, more than 400 people volunteer their time and effort to such local units as the base hospital, post office and Department of Defense Dependents Schools. Reasons people volunteer vary he said, from trying to maintain professional qualifications to gaining a sense of personal satisfaction. Some of the programs include training to become a dental assistant or a paralegal.

"We act as a placement office," Hall said. "There's a job that has to be done, and we match an individual to the job. All people have to do is stop by the office."

Pat Anthony, an ARC volunteer at Feltwell Elementary School, said she enjoys volunteering because it allows her to share the learning experience with children and helps the teachers.

To help celebrate the month here, Hall said they held a hospital volunteer recognition luncheon March 14. They will also recognize the 48th Com-

munications Squadron with the American Red Cross Good Neighbor Award, Tuesday.

He said that award is presented to an individual or organization outside the American Red Cross for having made a significant humanitarian contribution to the local, national or international community in support of the Red Cross.

So far, the squadron has won up through the North Atlantic Region hub headquartered at Ramstein Air Base, Germany. The 48th CS package competed against 11 ARC stations throughout England and Germany. They will now compete at the national level.

"Quite simply, the 48th Communications Squadron is the reason the ARC station at RAF Lakenheath is able to provide effective, efficient and credible Armed Forces Emergency Services to military and their family members worldwide," Hall said.



Photo by Tech. Sgt. Mary McHale

Jackie Fagnant, an American Red Cross volunteer dental technician, prepares a tray of dental instruments for a patient's examination.

Side by side

Top 3 keeps community relations on track

BY TECH. SGT. MARY MCHALE
48TH FIGHTER WING PUBLIC AFFAIRS

Several volunteers and family members from the Top 3 organization here braved the rain and cold Saturday to help build a garden railway at the Breckland Middle School in Brandon.



Photo by Tech. Sgt. Mary McHale

Michael Harris, (left) Breckland Middle School site manager, and Senior Master Sgt. Douglas Campbell, 48th Supply Squadron, ensure a support post for the model railway is level. Campbell joined several other members of the RAF Lakenheath Top 3 organization to help students build a railway in the school's garden Saturday.

"What's now taking one day would have taken us three to four months," said Michael Harris, site manager. "All we can say is thanks."

Master Sgt. Michael Schneider, 48th Supply Squadron, gathered the volunteers and said the project was a valuable experience and community relations initiative.

Along with Harris and Breckland students, volunteers dug holes, mixed cement and drilled wooden posts to create the support for the track. The site manager said he hopes to have the track running by mid-summer.

Breckland students spend part of the afternoon each Friday making the medium-scale wooden railway cars that will run on the track.

"We're trying to teach the students about technology, electronics, model making and if we can find funds, how live steam works," said Harris.

The students are copying the models of Harris who is a professional rail car modeler.

"This kind of project gives me the opportunity to show how we can build better relations with the community," said Tech. Sgt. Mary Singleton, who brought her two daughters along to help. "It's also an opportunity to help others and spend time with my children."

Linda Laws, 48th Fighter Wing community relations adviser, said the Top 3 organization contacted her several months ago seeking community volunteer opportunities.

AFSA to lead final Air Force Memorial campaign

BY STAFF SGT.

A.J. BOSKER

AIR FORCE PRINT NEWS

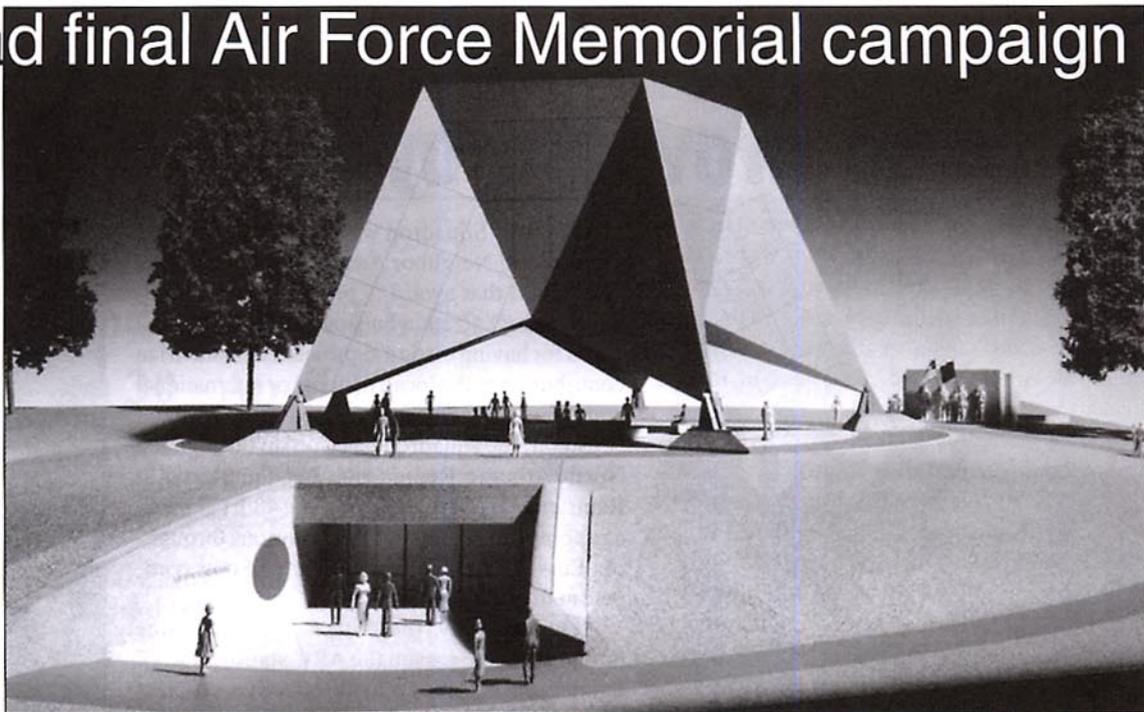
WASHINGTON — The Air Force Sergeants' Association will soon begin a campaign to raise the final amount needed to begin construction of the Air Force Memorial, according to AFSA officials.

The "Bring Us Home" campaign will run for 90 days at virtually every Air Force installation beginning this month, said retired Chief Master Sgt. James D. Staton, AFSA executive director.

"So far, we've raised \$26.4 million for the construction of the Air Force Memorial, and we hope this campaign will help us reach our goal of \$30 million," said retired Brig. Gen. Patrick O. Adams, president of the Air Force Memorial Foundation.

The funding of the memorial must come exclusively from private sources, Adams said.

For 15 months, the Air Force Memorial Foundation ran a direct mail campaign from which it received its largest number of individual donations. Of the 105,000 donations, only about 20 percent were from Air Force members, he said.



Courtesy illustration

A view of the side entrance to the Air Force Memorial. The Memorial is expected to be completed in 2002.

"Clearly we have not been successful in reaching the almost 340,000 people in the force," Adams said. "This is where AFSA can help us. With chapters at almost every installation, they are better equipped to reach out to not only the active-duty force but also the extended Air Force family — Guard and Reserve.

"I do want to make one thing clear

about this campaign," Adams said. "Its primary intention is not to ask Air Force members for money. It is to raise awareness and support among them for their memorial.

"We have sent videos out to all the bases," he said. "The 'Soaring to Glory' videos attempt to visually portray the memorial, why it is designed the way it is, and what it should mean

to everyone who has ever been or will be a member of the Air Force or its predecessors, the Army Air Corps or Army Signal Corps."

The memorial will include a listing the names of everyone who has donated \$25 or more upon request or the name of someone they want remembered to be placed on the list, Adams said.

CMSAF: More funding, support needed

BY STAFF SGT. A.J. BOSKER

AIR FORCE PRINT NEWS

WASHINGTON — The Air Force's top enlisted leader, appearing before the House Appropriations Committee's subcommittee on military construction recently, called for more funding and support of the service's quality-of-life initiatives.

"Our Air Force is comprised of the very brightest men and women America has to offer," said Chief Master Sgt. of the Air Force Jim Finch. "They are true professionals willing to give their lives, if necessary, to accomplish the mission. This level of dedication and commitment deserves a standard of living equal to that of their civilian counterparts."

The Air Force is continuing to pursue improvements in all quality-of-life priorities, such as adequate manpower, improved workplace environments, fair and competitive compensation and benefits, balanced tempo, safe and affordable housing, enhanced community and family programs, and enriched educational opportunities, he said.

"I truly appreciate the initiatives taken last year (by Congress) to improve the quality of life for our airmen," Finch said. "These were a step forward in our retention efforts which will be realized in the coming years with approximately 193,000

airmen — 69 percent of the active duty enlisted force — making reenlistment decisions between fiscal 2001 and fiscal 2004."

Although the service already has experienced stabilization in first-term retention, the reenlistment rates for second-term and career airmen continue to lag behind the goal.

"These are the people — our fully trained airmen and noncommissioned officers — that we need to target," he said.

Given the current state of the national economy, Finch believes that the potential exists for large numbers of these airmen and NCOs to migrate to the private sector unless more quality-of-life improvements are undertaken.

One of the most visible ways to improve quality of life for our troops is through direct compensation, he said.

"I welcome the projected 4.6-percent across-the-board pay raise; however, I believe we need a targeted pay raise for the enlisted ranks of E-5 through E-9," he said. "As I said earlier, the warning light is on retention of the specific group, and a targeted raise would send a positive message, reinforcing our appreciation for their work and recognizing their important role in today's Air Force.

"We also need to continue to lower the out-of-pocket housing expenses for our airmen," he said.

"We need to sustain the (basic allowance for housing) initiative and continue to make incremental increases with the current goal of eliminating out-of-pocket expenses for our troops by FY05."

"There is no doubt that safe, affordable housing for our single and married airmen is vital to readiness and is one of our top quality-of-life issues," Finch said. "And I firmly believe there is a direct correlation between safe, affordable housing and being able to recruit, motivate and retain a top-quality professional force."

The Air Force is striving to meet its current family housing plan, which prioritizes and identifies the resources required to revitalize inadequate housing units, he said.

"However, under current funding levels, we will fall \$2.4 billion short of being able to renovate all the inadequate housing units by the Department of Defense imposed deadline of 2010," Finch said.

There is also an Air Force dormitory plan designed to meet the service's goal of providing single E-1s through E-4s with a private room on base and eliminating the service's worst-condition dormitories by 2009, Finch said.

"We are on target for this, but this, too, will take continued funding support to make it happen," he said.



Benecia and Garrett Bell were awarded first place in the musical variety category for their rap song.

STORY AND PHOTOS BY
STAFF SGT.
CLAUDETTE HUTCHINSON
48TH FIGHTER WING
PUBLIC AFFAIRS

It is said that everyone will one day get their 15-minutes of fame, and that is what students from the Lakenheath-Mildenhall community did Saturday as they displayed their talents in the 2001 Star of the Millennium talent contest.

The Lakenheath High School auditorium lit up as more than 30 up-and-coming stars took the

stage and gave it their all to prove that they are stars.

Although the competition was tough, the judges seemed ready. They had vast experience in judging and recognizing fresh talents, and their biographical information proved it.

First there was Trevor Holman who studied piano at the Royal Academy of Music and is now a professional musician.

Next, was Daniel Natnael Kifleyesus, who studied education and music at the University of Education in Wanneba, and Marion Harris, owner of Footloose School of Dance in Bury St. Edmunds and a member of

Rising stars

Lakenheath students shine at talent show



(left to right) Shelia, Perry and Daniel Draper were awarded first place in the vocal group category for singing "It Ain't Polite."

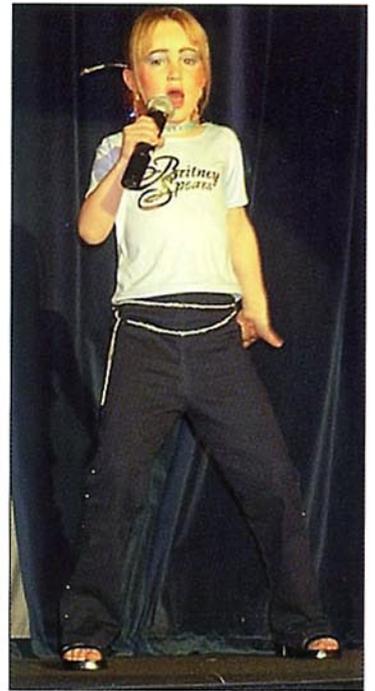
the Imperial Society of Teachers of Dance.

However, the judges say they were stumped. It took them approximately 30 minutes to decide on the winners.

"The competition was very tough. It was very difficult to come to a decision," said Kifleyesus.

"They were all very good. There was a lot of talent," added Holman.

Holman said although

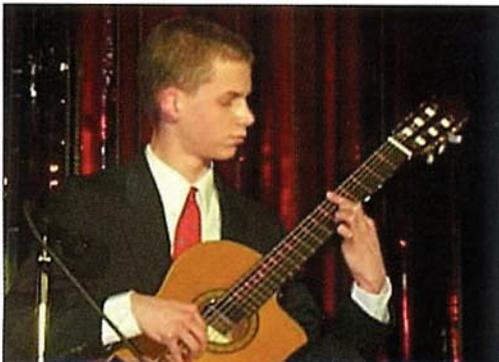


Sarah Salmon, 6 years old, was awarded first place in the female vocalist category for "Lucky."

some of the talents are still new to performing, something like this provides great encouragement.

The performers were judged based on technical excellence, showmanship and treatment of material for an overall total of 25 points.

The overall winner moves on to compete in the U.S. Air Forces in Europe Talent Show April 13 at the Bob Hope Community Center, RAF Mildenhall.



Sheldon Hull plays "Koyunbaba" in the instrumental solo category.



Brittany and Daylynn Herring were awarded second place in the dance category for "Mungojerrie and Rumpleteazer" from "Cats."

And the winners are:

Instrumental solo Lakenheath

- 1st Place - Daniel Riley
 - 2nd Place - Sheldon Hull
- #### Mildenhall
- 1st Place - Catarina Forty
 - 2nd Place - Holliane Clegg

Female vocalist Lakenheath

- 1st Place - Sarah Salmon
- 2nd Place - Heather McMurtry

Mildenhall

- 1st Place - Molly James
- 2nd Place - Cassie Church

Male vocalist Lakenheath

- 1st Place - Andrew Draper
- 2nd Place - Zach Pinter

Vocal group Lakenheath

- 1st Place - Draper Group

Instrumental group Lakenheath

- Lakenheath

1st Place - Down Time

- Mildenhall
- 1st Place - Forty Third Fret

Dance Lakenheath

- 1st Place - Amanda and Heather McMurtry
- 2nd Place - Brittany and Daylynn Herring

Mildenhall

- 1st Place - Brittany and Ashley Shelton
- 2nd Place - Theresa Forty

Specialty Mildenhall

- 1st Place - Jessica Hamilton
- 2nd Place - Holliane Clegg

Musical variety Lakenheath

- 1st Place - Benecia and Garrett Bell

Best in show Lakenheath

- Ages 6 to 11 - Daniel Riley
- Ages 12 to 18 - Amanda and Heather McMurtry

Red noses everywhere,

and not from the cold!

Children march for charity

STORY AND PHOTOS BY
SENIOR AIRMAN TIFFANY FOWLER
48TH FIGHTER WING PUBLIC AFFAIRS



The younger children from room 1 get ready for a ride.

The rain held off, and they all got ready. Bundled up, they made their way outside for their walk, some in strollers, others hand in hand. With red-painted noses, the children, some parents and staff of the RAF Lakenheath and RAF Feltwell Child Development Centers and the preschool enrichment program began their march. Why? Because it was March 16 – Red Nose Day in the United Kingdom. The event is organized by Comic Relief, a group of comedians who get together every two years to raise money for a deserving cause. Red Nose Day is a television fundraising event that aims to raise money to help stop the poverty existing in the United Kingdom and Africa today.

According to Jacqui Lewis, RAF Lakenheath CDC program technician, the staff saw this as a unique opportunity for the children.

“The 3 to 5 year olds really understand that there are children out there who don’t have as much as they do. And this is a great way for them to have fun, learn and raise money for the poor,” she said.

According to Lewis, they chose the Widows of Rwanda Appeal charity because her classroom spent time learning about parts of the African culture.

“Jeanette Grice [a parent] had a friend from Africa, Gracienne Hood, and she agreed to come in and talk with the children about what it is like there. They sang songs and had a great time,” she said. “It was a great chance to open up the class to a different way of life.”

Hood escaped her country, surviving the 1994 genocide in Rwanda. When Lewis discovered that the Widows of Rwanda Appeal was one of the charities sponsored by Comic Relief, the staff

recognized it as a way to help Hood and her native people out.

So, the RAF Lakenheath and RAF Feltwell CDCs went to work organizing their own Red Nose Day march to raise money for the appeal, which will go towards helping the survivors of the 1994 genocide.

Hood led the march through a section of base housing smiling ear to ear.

“When they asked me to come out and march, I was



The children from room 4 made crowns to wear in the parade.

happy. [The CDC] wanted to help, and I am very thankful for what they have done,” said Hood.

According to Lewis, the march more than met its goal by raising £2,000.

“I can’t believe it!” Lewis said beaming. “That

is enough to pay for a house in Rwanda, which is what we were hoping to do, but never dreamed we would. I nearly fell over when I found out!”

And according to Lewis, the children are excited about the difference they have made.

“They are proud of what they accomplished and showed a lot of empathy saying they want to help the children who have no mummies and daddies in Africa,” she said. “It’s amazing how far the reach of little hands can go to impact the lives of people in other countries.”



Natasha Dumpert, K.C. Halveston and Asha Hutchinson, room 4 students, march through base housing.



Gracienne Hood (right) and Jeanette Grice led the march wearing traditional African dresses.

Rwandan native walks with child development center for Red Nose Day

BY SENIOR AIRMAN CHARLENE CARL
48TH FIGHTER WING PUBLIC AFFAIRS

Red Nose Day was more than a walk-a-thon to raise money for charity to more than 150 children, staff and parents of the child development center at RAF Lakenheath Friday. It was also a day of remembrance and tribute to Gracienne Hood, who marched at the head of the walk carrying a banner in support of the event.

Hood is a survivor of the 1994 genocide in Rwanda.

“My father, brother and sister were killed,” said Hood. The shy, 26-year old still remembers the event as if it was yesterday.

“In April, it will be seven years since it all took place,” she reflected.

Hood explained in 1994, Rwandan President Juvenal Habyarimana died in a plane crash that began the cycle of events that tore Hood’s homeland apart. He was of the Hutu tribe, one of the two tribes native to Rwanda.

The other tribe, the Tutsi tribe, was accused of shooting down the plane. It was this event that sparked the Hutus 100-day massacre of the Tutsi tribe, and even some of their own. They slaughtered their own if they did not support the murder of the Tutsis and any government officials who were not well liked.

The main targets of the mass execution were the Tutsi males, both young and old. The Hutus figured if they eliminated them, the race would die off. More than a million people died in 100 days. This averages to more than 100,000 people per day.

Today, Rwanda is trying to recover from the event that left their country a shell of its former self. The women have banded together to care for themselves and the children left behind. Most of the women are now widows and the children are orphans, and the country is ravaged by AIDS.

Red Nose Day is providing aid to the country this year by donating a portion of the money it raises to the Widows of Rwanda Appeal.

“We will donate the £2,000 we raised in Gracienne’s name,” said Jacqui Lewis, who coordinated the event for the RAF Lakenheath Child Development Center. “We are honored she walked with us.”

Children, parents and staff alike donned a variation of red noses, T-shirts and red clothing for the walk-a-thon. Pompoms, streamers and other decorations adorned prams and buggies for the babies involved in the walk.

“The money will help feed, clothe and house the survivors,” said Hood, whose mother is a Hutu and father was a Tutsi.

It costs one dollar per day to eat and live in Rwanda, she said. Forty dollars a month would pay for the AIDS medicine needed to extend life and the £2,000 the CDC raised could build a house for a family to live in, she continued.

“Last year a Rwandan woman was given £50 by the charity,” said Hood. “She set up a bakery using the money and now feeds and clothes 23 children.”

And she knows. Hood recently witnessed the condition of her country when she visited her homeland in August to see her surviving mother, sister and brother.



Photo by Senior Airman Tiffany Fowler
Gracienne Hood (right) with her friend Jeanette Grice

(Above) CDC employees and children from room 7 wear the shirts they decorated with red noses.

(Right) Brenna Pearson, a preschool enrichment program student, waves to people in base housing.



Panther heritage runs deep for commander, crew chief

STORY AND PHOTOS BY
MASTER SGT. GREG BADE
332ND AIR EXPEDITIONARY GROUP
PUBLIC AFFAIRS

If the world is a small place, it got a whole lot smaller recently for two members of the 494th Expeditionary Fighter Squadron. It took a deployment from RAF Lakenheath to Al Jaber Air Base in Kuwait for Lt. Col. Steve DePalmer and Airman 1st Class Gary Friedman to find out they both graduated from the same high school in a small town in central Maryland.

Shortly after arriving at the remote desert base in December, DePalmer, 494th EFS commander, was entering the dining facility for dinner when someone stopped him to ask a question. "It was Gary wanting to know about the soccer shirt I was wearing," DePalmer said. "He said the Panther mascot on my shirt looked just like the one from his high school." Coincidentally, the Panther is also the mascot for the 494th EFS.

After a few brief questions, Friedman, an F-15E crew chief, discovered he and his commander had more than Strike Eagles in common.

"The last thing I expected from this deployment was to find out Lieutenant Colonel DePalmer and I went to the same school," said Friedman.

DePalmer graduated from North Carrol High School, near Manchester, Md., in 1981; Friedman graduated in 1998. Both were in Kuwait for Operation Southern Watch, a multi-national effort to patrol the no-fly zone in southern Iraq.

DePalmer described Manchester as a "a small, quiet town. No shootings, nobody famous, just a nice place to live." Friedman agreed. "I don't remember anything outrageous happening there," he said.

The school's Web site lists DePalmer, a self-described gym rat during his school years, as one its more famous graduates. "That's only because I graduated from the Air Force Academy," he said with a chuckle.

Friedman, who worked as a volunteer firefighter his senior year, has been gaining experience as an emergency medical technician since he was 16 and said he's not sure if he'll stay in the Air Force when his enlistment is up. "The travel opportunities have been great, and the work is very



(Above) Lt. Col. Steve DePalmer and Airman 1st Class Gary Friedman take time for a photo while deployed to Kuwait.

(left) DePalmer and Friedman show off a sweat shirt from their high school.

rewarding. I'm just not sure yet if I want to make it a career," he said.

DePalmer, who has more than 2,500 hours flying the F-15, said he joined the Air

Force to see the world. "It worked. I've been all over the world, and my family has lived in several countries," he said. "But while growing in up in Manchester, I had no idea it would be my career." He added that he would like to continue flying as long as possible, and then "retire on a beach in southern Italy."

Then and now ...

How Air Force women paved the path, making it easier for those to follow



Katie Dile (top row, second from left) graduated basic training in September 1972.

Courtesy photo

BY SENIOR AIRMAN
CHARLENE CARL

48TH FIGHTER WING PUBLIC AFFAIRS

Putting on make-up and plucking eyebrows is not what Katie Dile had in mind when she entered Air Force basic training in August 1972. However, she endured knowing at the end of her six weeks she would be one of a small, highly competitive group of people in the Air Force ... military women.

"It was a big thing to be a woman in the Air Force at that time," said retired Capt. Katie Dile, and 48th Mission Support Squadron family support center career focus program manager.

Before she could process through the Air Force's Exam and Entrance Station, which most military members now know as the Military Entrance Processing Center, Dile had to take the Armed Services Vocational Aptitude Battery exam, weigh-in and all the other normal activities needed for processing.

However, there were some added twists for women at this time. First, Dile had to submit a full-length photo of herself with her application. Second, she had to have her parents permission even though she was 19 and half years old at the time.

"You had to be an attractive woman to enter the Air Force at that time," said Dile.

And the Air Force meant it.

Upon first arriving at her new home at Lackland Air Force Base, Texas, Dile was informed by her technical instructor, "You are here to be ladies first and then WAFs."

Lessons taught to the Women in the Air Force included etiquette and how to paint their nails.

"The worse part was the eyebrow plucking," said Dile.

Personal conditioning or firing a weapon was not a requirement for women at that time, according to Dile. Instead, the women completed a quarter mile together in flight formation that

wasn't based on time and never touched a weapon.

For the uniform, women's fatigues consisted of a dark blue cotton skirt, five-button light blue shirts with quarter-length sleeves that rolled up and low quarter shoes. The women also wore dark blue berets as hats. There was also an optional pair of pants, which could only be worn when the women completed details or other physical work.

"Skirts had to be perfectly starched so that they stood up by themselves," said Dile. "I knew no one would believe me at home so I had a picture taken to send to my parents."

Today, 29 years later, basic training is a different story for women. They are issued battle dress uniforms their first training day, just like the men.

Women also complete physical conditioning now. They are sweating and panting along to finish the two and a half mile run, sit-ups and push-ups just like the men. The only difference is that women have a little more time on the run and a few less sit-ups and push-ups.

Also, there is none of the "lady" stuff such as doing nails, plucking eyebrows, wearing make-up or a skirt. In fact during the last week of training, the women now participate in a field training exercise named Warrior Week. The women sleep outside in a tent all night, eat Meals Ready to Eat and play war games with the men to get them used to field conditions they may have to participate in.

"We heard (simulated) gunshots and had to low-crawl and duck for cover to protect our base," said Airman Ginger Henderson, who completed basic training in August 2000.

And women complete details and other physical duties just like the men.

"We had the option of pulling kitchen patrol duty or confidence course maintenance," said Henderson.

The training is not about being like the men or

as good as men though.

"We were encouraged to do things fast, use teamwork, help each other and follow leadership," said Henderson.

Another change over the last 29 years is the job options open to women. When Dile completed basic, she went into customer service. In fact, secretarial or office work were the only jobs considered suitable for women, she said.

Henderson works on sheet metal for the 48th Equipment Maintenance Squadron.

Women in the Air Force was a new concept in July 8, 1948, when Staff Sgt. Esther Blake became the first woman to enlist in the Air Force. Since then, the Air Force has moved on to have women participate in almost every job, mission and career field available. The only two fields not open to women today are pararescue and combat controllers. Women in the U.S. military have advanced from being a few good women to now nearly 20 percent of the force.

The early women in the Air Force like Katie Dile cleared the path for the Airman Ginger Hendersons and other young women entering the Air Force today. A lot is owed to those women who literally broke ground, opened doors and made the choice of a military career easier for those who followed.

Women in the military facts

1901 - First formal use of women in the U.S. military: Army Nurse Corps

1942 - Women's Auxiliary Air Corps established; by June 1943, 60,000 women served in the WAAC

1943 - Women's Army Corps established; women wear regular Army uniforms, draw equal pay, same titles, rank and full commitment like regular Army. At peak strength in 1945, more than 98,000 women served in the WAC, including 5,700 officers.

1943 - Women Auxiliary Service Pilots created. More than 1,000 women served as pilots, flying all aircraft, typically from factories to state-side bases; 37 WASPs died in crashes

1945 - In various capacities, approximately 280,000 women served in one of the military services over the course of World War II.

1948 - The Air Force created the Women in the Air Force as a separate category for women serving within the Air Force. Serving in separate units with a WAF squadron commander, this organization continued until 1976.

1972 - Under the direction of WAF Director, Col. Jeanne M. Holm, 98 percent of all career fields are opened to women. Holm became the first female general officer in 1971 and the first female major general in 1973.

1976 - Women are fully integrated into the Air Force

1976 - The first Air Force women pilots entered undergraduate pilot training.

1980 - The first women graduated from the Air Force Academy: 97 were commissioned second lieutenants

2001 - Women make up 19 percent of the Air Force, the highest percentage ever. Up from 15 percent in 1994, 7 percent in 1976, 3 percent in 1973.

Courtesy Tech. Sgt. Gregory Henneman, 48th Fighter Wing historian

Around the world in 11 years

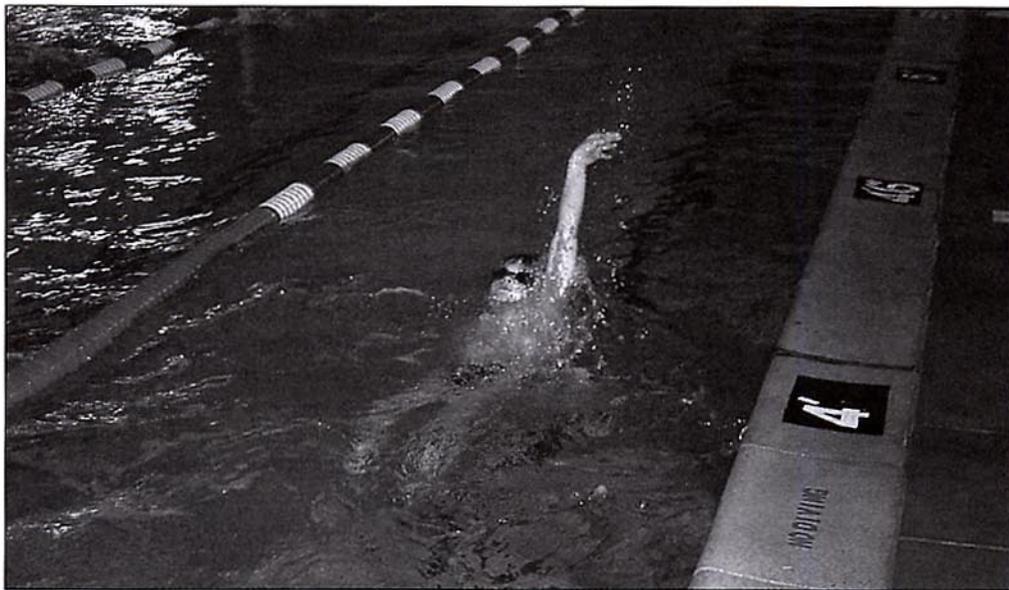


Photo by Staff Sgt. Claudette Hutchinson

Greg practices his back stroke at the pool.

BY STAFF SGT.
CLAUDETTE HUTCHINSON
48TH FIGHTER WING PUBLIC AFFAIRS

He is a movie producer, an explorer, a martial arts expert, a scholar, an adventurer, and an athlete. He is Gregory Billington, 11 years old, whose resume is about a mile long and who has done more in 11 years than most people only dream of.

At 3 years old, while most toddlers are finger painting and throwing tantrums, Greg was hiking. He hiked the 97-mile Peddar's Way footpath in East Anglia. It's difficult to fathom a 3-year-old walking more than a couple yards without asking for a stroller, that wasn't the case with Greg. He went on to hike 120-miles

along the coast-to-coast path at age 4; hiked the 177 mile Offa's Dyke in Wales; Climbed Scafell Pike, the tallest mountain in England; Snowdon in Wales, and Ben Nevis in Scotland; and the list goes on and on and on.

However, Greg just added another notch to his belt. He was recently selected to compete in the British national swim meet in August. Swimming came late in life for Greg. He only started at age 8. However by the time he was 9 years old he had won first place in the 50-meter butterfly at the county championships, at age 10, competed in the midlands swim meet and now he has moved on to qualify for the British nationals.

Most people would probably want to know how he does it, and after looking at his schedule, it still leaves you wondering. His schedule is rigorous. Between both teams, he practices swimming six days a week; scouting three days a week and then Kuk Sool Won once a week.

"I try to keep him balanced so he doesn't burn himself out, but he kept saying 'I can do it.' He makes me go, in the mornings," said Karen Billington, Greg's mother.

Karen said she thinks Greg excelled so well in swimming because he is always trying to beat himself.

"He is always trying to beat his personal best," she added.

"My friend Nathaniel Thompson said I was crazy for doing all the things that I do," said Greg.

However, Greg said he enjoys doing everything, and his goal is to go back to China, visit India and Cyprus.

Karen, a high school teacher, said she has

her children complete a goal sheet.

"The goal sheet has done a lot. It teaches them how to set goals, and be self motivated. It gives them choices. I think it is every parent's responsibility to open doors for their children, so they can find something that he or she can be passionate about," she added.

By setting his goals, Greg walked the Great Wall of China, cruised the Nile, explored the pyramids and sailed on the Sea of Galilee.

"I would like to visit all the seven continents before I go to college," Greg said.

He also knows exactly what he'll be doing after college.

"I want to attend university and study zoology and ecology, and after graduation, I want to work for an organization that studies and protects bats and their habitats," he stated confidently.

However, for now Greg said he wants to earn his scuba diving certification and explore underwater wrecks.

Being qualified for the British nationals is another step up towards one of his goals – to qualify for the U.S. Olympics.

According to Jennifer Barlett, Barracuda's Swim Team coach, that won't be hard for Greg.

"He is unique in that we tell him what to do and he does it. He is so focused on his swimming that he knows what he wants from it," she said.

Barlett said she has been coaching him for two years and he has never had a bad set.

"He's got inner discipline, he knows what he wants and he won't stop until he reaches his goals. He never seems to have a bad day."



Courtesy photo

Greg demonstrates his Kuk Sool Won technique. He currently holds a black belt.



Courtesy photo

Greg and brother, Brian, hike on Mount Snowdon, Wales.

Greg said his role models are his mother and father, and he can't really explain his drive and motivation.

"I just enjoy doing everything. I like my coaches and my mom and dad, because they really help me a lot," he said.

"I never heard Greg say he is bored," said Karen.

In his off time, Greg said he does normal stuff such as invite friends over to read and ride bikes. But, for now he is busy getting ready for the British nationals in August.

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Hardcourt Heroes Tour

Basketball Hall of Famer Gail Goodrich will be signing autographs from 11 a.m. to 12:30 p.m. April 3 at the commissary as part of a goodwill tour of 13 U.S. military bases in Germany and England. For more information, call the 48th Services Squadron marketing office at 7-1709.

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The fitness center cardiovascular room will be closed Monday to March 30 for carpet installation. For more information, call 7-3607.

New sports complex

The new sports complex opening ceremony is at 2:30 p.m. today in the field directly behind the high school. Softball games will follow. There will be two new softball and soccer fields and practice football fields. For more information, call 7-3607.

Softball tournament

The intramural softball kickoff classic is Saturday and Sunday at the new sports complex baseball fields behind the high school. For more information, call Tech. Sgt. Tim Snyder at 7-8603.

Outdoor recreation

Outdoor recreation has adventure trips planned throughout the year. Sign up deadlines are March 31 for hang gliding (April 7 and 8); April 1 for hot air ballooning (April 14). Reservations are required. Call 7-3820 for more information.

USA Force football game

USA Force football team will play London Blitz at 2:30 p.m. Sunday at the high school field. Team USA players are from RAF Lakenheath, RAF Mildenhall, RAF Molesworth, RAF Alconbury, the U.S. Army at Molesworth and American civilians. For more information, call Senior Airman Cartez Hester at 7-3554.

Fencing

The RAF Lakenheath Fencing Club meets Mondays and Wednesdays from 6 to 8 p.m. in the small gym, Building 980. For more information, e-mail swoosh@btinternet.com.

Liberty Lanes

Cosmic Glow Shows are from 10 p.m. to 2 a.m. Fridays and Saturdays. Cost is \$12 per person for all-you-can-bowl. For details, call 7-2108.

Supply pounds Services

BY MAJ.
STACEE BAKO
48TH FIGHTER WING
PUBLIC AFFAIRS

The 48th Supply Squadron intramural volleyball team only took 20 minutes to beat the 48th Services Squadron team in straight games Monday, 15-3 and 15-0.

Coached by David Morgan, Supply immediately took full control of the court. Player Brian Westrater contributed to the Supply win with a series of spikes and a full compliment of blocks. Newcomer Brian Acuavera, with his well-placed serves and speed on the court, minimized errors on the supply side.

Standout on the Services squad was Guadalupe Rodriquez-Valdez whose power and placement seemed to be the only shining light in an otherwise total blow-out.

Intramural volleyball games



Photo by Maj. Stacey Bako

A Supply player spikes the ball as Services throws up a block.

continue throughout the next two months, Monday through Thursday, with playoffs starting April 30.

Scoreboard

Volleyball

Intramural standings

48th OSS (A)	3-0
48th SVS	2-1
48th CES	2-1
48th SUPS	2-1
5th SPSS	2-1
48th SFS	2-1
48th DS (A)	2-1
48th EMS	2-2
48th DS (B)	1-2
48th CS (B)	1-2
48th CRS	1-2
48th OSS (B)	0-3
48th CS (A)	0-3

Basketball

Over 30 standings

48th SFS	6-0
48th DS	9-1
48th MSS	7-2
48th CES	6-1
48th SUPS	6-2
48th CONS	4-6
492nd FS	4-6
48th EMS	4-4
48th MDSS	3-5
493rd FS	2-3
48th OSS	2-5
48th CRS	2-6
372nd TRS	1-6
48th TRANS	1-7

Raquetball

Intramural standings

DODDS 2	10-0
48th SFS	9-0
48th LSS	12-3
DODDS 1	8-3
48th OSS	7-4
48th CES	5-5
48th CRS	8-6
48th EMS	5-12
DSTS	4-6
48th MSS	3-11
494th FS	2-13
48th SUPS	0-10

TRAINING 101

Exercise

Standing quadracep stretch

Muscle target zone

Quadriceps

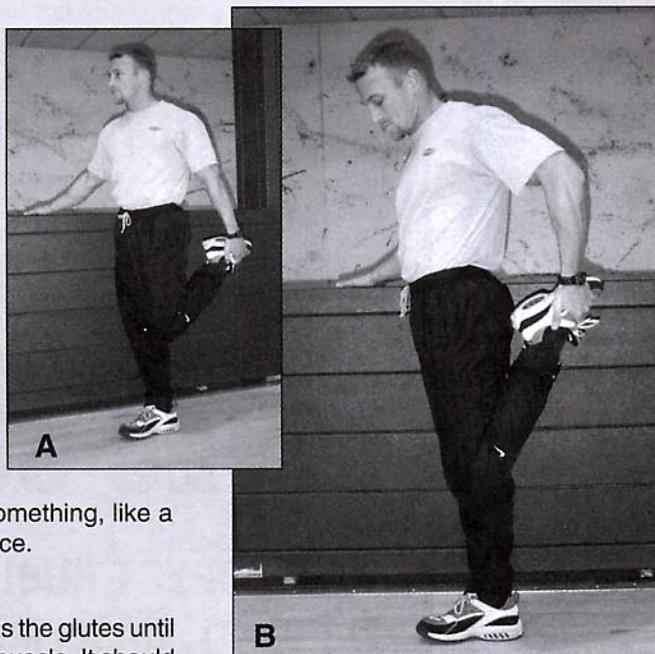
Position

Stand with good posture and gently lift one foot towards the hand. Hold foot. If less flexible, loop a towel around the foot.

Try and keep the knees level. Hold onto something, like a chair, for additional balance.

Movement

Gently pull heel towards the glutes until feel tension through the muscle. It should not hurt. Hold for approximately 30 seconds.



Photos by Senior Airman Charlene Carl

Robert Griffith is an ISSA-certified personal trainer at the fitness center. For more information, call 7-3607.

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Alton Towers

Sunday 1 Apr '01
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Saturday 7 Apr '01
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Mustards Night Club, B'ham

Sat 14 Apr '01 Soul • RB • Hip Hop • Old Skool • Reggae
 £18 adv; more if purchased on coach...

Talib Kwesi - DJs Hi-Tek & Monch

Friday 4 May '01 (10pm - 6am) Combined ticket and travel £30

Upcoming Events

20 Apr Quovadis, P'boro £20; 6 May Alton Towers from £24
 21 Jun Outkast "live" £32

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Life behind BARS

BY MASTER SGT. JOEL BROWN
NCO IN CHARGE OF CONFINEMENT

"Will the defendant please rise. I find you guilty on all specifications of the charges against you and sentence you to a forfeiture of pay in the amount of \$500 a month for six months, reduced to airman basic, a bad conduct discharge and six months confinement. You may take the prisoner away." If your court martial is held at RAF Lakenheath, this is what you will probably hear.

What happens next?

If your family is present during the proceedings, then I won't place the handcuffs on you in front of them. I will wait until you have some personal time with your lawyer and family before I execute the judge's orders.

What does six months confinement mean?

From the day of your court martial until the day you are released from confinement, the U.K. Confinement Facility is responsible for you and regulates your lifestyle. Being the only confinement facility within the United Kingdom, it makes us a rather unique organization. We accept all four branches of the armed forces, officers and enlisted, both male and female.

Although we are often mistaken or confused with correctional custody, we are not CC. We are a jail, a prison, calaboose, or the hoosegow as we are sometimes called. You would have to have

a federal conviction to be here.

After you arrive, the processing begins. It consists of you standing at attention while reading the facility rules and regulations. After the bag drag, search of your clothing, strip search and shower, you are then taken to the medical facility for a confinement physical. A blood test for communicable diseases, urinalysis test for drugs and an overall examination by a physician is given.

Once you return from the hospital, you are placed into a segregation cell for a minimum of 24 hours.

After being released from segregation, you are then introduced into the rest of the prisoner population and assigned a bed in the communal bay. Special arrangements are in place for female prisoners. If your total sentence to confinement is six months or less, you will be assigned to perform routine facility cleanliness operations.

Food and mail from your attorney are the only things the confinement staff is required to provide to you, and if you don't behave like an adult, you'll be treated like a child and all privileged activities will be terminated. You are told when to get up, go to bed, when to eat, when to exercise, and whatever other curriculum is scheduled for that day. You have a clothing locker that is in inspection order 24 hours a day. Your individual squadron is still responsible for all your military affairs, family support activities and out-processing procedures. Once released from confinement you will either be put on a same day flight back to the United States or placed under restrictions within your squadron while you out process.

Once prisoners have proven themselves trustworthy, their custody grade is reduced allowing them to enter the work release program on base. The confinement facility encourages squadrons on RAF Lakenheath to employ



Photo by Master Sgt. Joel Brown

After processing into the jail, new prisoners are put into a segregation cell for at least 24 hours.

prisoners in the work release program.

Currently the uniform of the day is the battle dress uniform. If approved by the Air Force, the uniform in the facility will be changed to orange tops and bottoms with RAF Lakenheath stenciled on the back. High visibility for safety and easier prisoner accountability while outside the facility are but a few of the driving factors to the acquisition of these new uniforms.

This facility is a hot spot for tours from the United States and foreign militaries, U.S. and foreign law enforcement agencies, and other U.S. and foreign civilian special interest groups. We offer a tour to commanders or first sergeants along with the supervisor and subordinate of someone who may need a "reality check" It is not a "scared straight" program, but more of a "this is where you are headed" briefing. We tailor the tour to explain what actually goes on behind the doors of the facility. The tour lasts about 15 minutes. We've seen only one airman come to us as a prisoner after receiving the tour. Call 7-3728 for more information on any of our programs, or to make tour reservations.

Cyber talk

Do you think people spent too much time engaged in e-mail?



Senior Airman Swanzetta Marshall
48th Communications Squadron

"Definitely, for day-to-day business people rely on it too much. Just because they send something, doesn't mean we get it."



Staff Sgt. James Tripp
48th Equipment Maintenance Squadron

"Since we're stationed overseas, it's an easy way to get in touch with your family back in the States."



1st Lt. Michael Moran
48th Aerospace Medicine Squadron

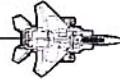
"Yes. People resort to sending e-mail for all communication. Rather than talking to people, they send e-mail."



Connie Rouse
Civilian

"No, because it's a quick, cheap, easy way to communicate."

Voices of Liberty



Sunday is U.K. Mother's Day

*"He to thee a simnel
bring
'gainst thou go'st a
mothering
so that, when she
blesseth thee
half that blessing thou'lt shall
give me..."*

Hesperides (1648)

Not only do we put the clocks forward and leap into spring this weekend, but Sunday is Mother's Day in the United Kingdom. So, if you are having difficulty finding a restaurant to eat in it's probably because many families will be taking their special person out to lunch.

Over the years, the religious festival of Mothering Sunday, on the fourth Sunday in Lent, has got merged with the more recent celebration of Mother's Day which originated in America in 1908. Mothering Sunday is also called Refreshment Sunday, because both the lessons in the service for that day are devoted to food. The first is about the banquet that Joseph gave to his brethren, and the second is the parable of the feeding of the 5,000.

Early celebrations

Some historians claim that the predecessor of Mother's Day was the ancient spring festival dedicated to mother goddesses. In the ancient Greek empire the spring festival honoured Rhea, wife of Cronus and mother of the gods and goddesses. In Rome the most significant Mother's Day-like festival was dedicated to the worship of Cybele, another mother goddess. Ceremonies in her honour began around 250 years before Christ was born. The Roman religious celebration, called Hilaria, lasted for three days between March 15 to 18.

History in Britain

Mothering Sunday, in pre-Reformation times, was the day people returned to the church in which they were baptised – their mother church. Special services were held for the returning

"children," and children would take bouquets of flowers to be blessed at the altar. This developed into young women in domestic service returning home to visit their mothers to take them flowers and a small gift. The flowers were usually violets, picked from the hedgerows on their way home.*

Gifts ranged from a lace handkerchief made by a daughter in her scant spare time, or a son might give a piece of carving or

woodwork, such as a small chest or stool.

In some parts of the country a specially cured ham stuffed with herbs or parsley was given.

The most universally popular gift though was a simnel cake (a rich fruit cake), made from the finest flour, butter, eggs and spices the giver could afford after saving for the entire year. This cake was the one item for which dispensation to eat during Lenten fast was always given. It came as a welcome addition to a dreary diet in an age when food of the ordinary folk was far from exciting.

* *Nowadays, the picking of wild flowers is illegal, and heavy fines are levied to perpetrators.*

History in the United States

Mother's Day was first suggested in 1872 by Julia Ward Howe as a day dedicated to peace. It wasn't until 1907 that a lady named Anna Jarvis of Philadelphia conceived the idea that one day in the year ought to be set aside for the special honouring of all mothers.

This idea came as she was



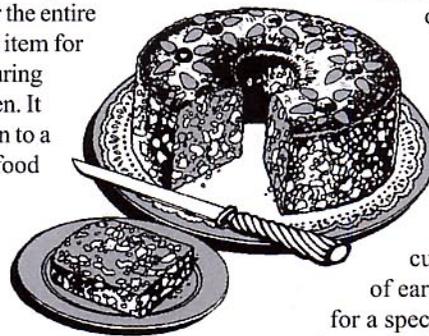
Photo by Senior Airman Tiffany Fowler

Children used to pick flowers on their way home and give them to their mothers as presents. Though, today heavy fines are given for picking wild flowers here.

remembering her own mother who she had lost recently. She arranged for a special service to be held in one of the local churches on the anniversary of her mother's death, and asked all those attending to wear a white carnation.

Within 12 months she had succeeded in persuading the people of Philadelphia to adopt this new custom. After a few more years of earnest hard work in their quest for a special day, she and her co-workers prevailed upon Congress to recognise it also.

In 1914, President Woodrow Wilson, made the official announcement proclaiming Mother's Day a national holiday that was to be held each year on the second Sunday of May. The wearing of carnations are encouraged – red for living and white in memory of those who died.



FOR MORE INFORMATION ON LIVING IN BRITAIN, CALL LINDA LAWS AT 7-3145, E-MAIL linda.laws@lakenheath.af.mil OR LOOK IN THE BRITISH COMMUNITY INFORMATION PUBLIC FOLDER

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| 94(M) VAUXHALL OMEGA 2.0 CD, met blue | £3,295 |
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| 93(K) SAAB 9000 SE auto met red | £3,995 |
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94(L) Proton Persona GLSi white, FSH, radio cassette	£2,250
96(N) Toyota Carina GLI met blue, sun roof	£3,450
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95(M) Rover 620 Si met green, radio cassette, CD, FSH	£3,450
97(P) Nissan Maxima QX 24V met grey, air conditioning, FSH	£4,995
94(M) Citroen Xantia SX white, radio cassette, sun roof	£3,250
92(K) Volvo 940S red, p.a.s, ABS, radio cassette	£1,995
95(N) Ford Mondeo 1.8LX Met blue, 70K s/r etc	£3,595
94(L) Citroen Xantia met green, 2.0 LX, s/r etc	£2,995
90(G) Honda Civic silver 50K, 1 owner	£1,695
94(L) Rover 620Si met red, lovely condition	£2,650

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90G	BMW 320 4 DOOR ALLOY	£2195
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94L	PEUGEOT 405 GL 1.6 e/windows, sunroof, immob was £1995 now £1795	
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92J	FORD ESCORT LXI Orion 16v Zetec 1.8, 4 dr, 5 spd, all elects	£1795
90G	MAZDA 323 LX 1.5 ESTATE FSH, loaded excellent	£1295
91H	RENAULT 21 SAVANNA GT X ESTATE 2.0 e/windows, locks, roof £1595	
88E	VW GOLF 1.6 AUTO 5 door, p/steering, FSH, gd con, 80k miles £1295	
86D	PEUGEOT 305 AUTO Est. 1.6, 5dr, rad/cass, gd/con, 80k miles £695	
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DODDS

Test-taking tips for writing assessments

BY DR. SCARLETT R. REHRIG
DODDS U.K. DISTRICT
SUPERINTENDENT

Each spring Department of Defense Dependents Schools conducts the Department of Defense Education Activity writing assessment in order to measure the quality of student writing in grades five, eight and ten. This year, the writing assessment will be administered between April 16 and May 4. Each school will determine the specific dates within this time frame for the assessment.

In the assessment, students write to prompts which require specific types of writing. Fifth graders write to one of two prompts: a personal experience or persuasive writing. The eighth and tenth graders must be prepared to write to one of four prompts: autobiographical incident, problem and solution, observational or report of information.

Responding to these types of prompts is a part of the DODDS curriculum. Therefore, no surprises will occur for children during the testing. The three-day assessment includes writing

activities for 35 minutes per day.

In the first exercise, students complete pre-write activities; they meet with other students and participate in brainstorming activities. On the second day, students write the first draft, and the final draft is completed on the third day. Teachers score all student papers at DODEA headquarters during a summer workshop. The results are distributed to schools, students and parents the following fall.

Guidelines have been established for this writing assessment. Parents can show an interest in the testing by asking about writing topics. Students should know that this assessment is no different from many classroom assignments. It is an excellent opportunity to show off their writing skills.

The following pointers about good writing may help students with this writing assessment:

- Read the writing prompt carefully;
- Pick out the key words in the question such as compare, contrast, list, describe, include – and then do exactly that;
- Reread the directions at least once during the test;

□ Write out an outline or notes to organize thoughts. Follow that outline when writing;

□ Use words from the directions in own writing;

□ Check the writing for clarity. Does the writing have a good beginning, middle and end?

□ Since students may not use a dictionary or grammar book, they will not usually be graded down for spelling or grammar. Concentrate on good specific language and description.

□ Know the time allotted for taking the test and establish a pace in order to have enough time to look over writing when finished;

□ When finished writing, go back and read the directions and the completed response carefully. Always check work;

□ On the first day of the writing assessment, teachers will read the assignment and will answer any questions. After the prewriting activities on the first day, do not ask for assistance from teachers.

Feltwell Elementary School Web site
www.uk-dso.odedodea.edu/Feltwell

MCT auditions

The Missoula Children's Theater has been performing for the RAF Lakenheath community since last month. The final performances are scheduled for next week. Auditions for the Missoula Children's Theater will be at 3 p.m. Monday in the Lakenheath Elementary School gym. These auditions are open to Lakenheath Elementary and Liberty Intermediate students. For more information, call 7-3721 or 7-3674.



Lakenheath students display their talents in one of the Jack and the Beanstalk performances at the high school. Participants undergo a week of rehearsals in which lines, staging, songs and dances are learned.



Photos by Staff Sgt. Claudette Hutchinson

RAF Lakenheath, 7-2139

Today
7 p.m. – "Miss Congeniality" PG-13, starring Sandra Bullock and Michael Caine. To prevent a terrorist group from bombing a beauty pageant, an FBI agent poses as Miss New Jersey in the "Miss Liberty" pageant. She meets an image consultant who transforms her and the pageant host whose days of crooning and crowning are numbered.

10 p.m. – "The Mexican" R, starring Brad Pitt and Julia Roberts. A man tries to transport an ancient gun called The Mexican, believed to carry a curse, back across the border, while his girlfriend pressures him to give up his criminal ways.

Saturday
1:30 p.m. – "The Emperor's New Groove" G, animated. Emperor Kuzco is transformed into a llama by his power-hungry adviser, the devious diva Yzma. Stranded in the jungle, Kuzco's only chance to reclaim the high life rests with peasant Pacha. Kuzco's perfect world becomes a perfect mess as this most unlikely duo deal with hair-raising dangers.

4 p.m. – "The Emperor's New Groove" G
7 p.m. – "The Mexican" R

Sunday
4 p.m. – "The Emperor's New Groove" G
7 p.m. – "Miss Congeniality" PG-13

Monday
7 p.m. – "The Emperor's New Groove" G

Tuesday
7 p.m. – "The Mexican" R

Wednesday
7 p.m. – "Miss Congeniality" PG-13

MOVIES

Thursday
7 p.m. – "The Mexican" R

March 30
7 p.m. – "15 Minutes" R, starring Robert DeNiro and Edward Burns. In an age when almost anyone can be famous for 15 minutes, what does fame mean? And what are we willing to broadcast on national television? Join a homicide detective and a fire marshal as they team up to solve a case.

10 p.m. – "Dracula" R, starring Christopher Plummer and Jonny Lee Miller. Dracula, freed at last from a century in confinement, finds himself in a 21st century of chaos and temptation of Virgin record stores and nightclubs where he fits right in. His goal is to find a young woman to share his dark legacy.

RAF Mildenhall, 98-2351

Today
7 p.m. – "What Women Want" PG-13, starring Mel Gibson and Helen Hunt. Nick gets a whole new outlook on life when a fluke accident gives him the ability to read women's minds. Despite his best efforts, he soon finds himself falling in love and ultimately understands what women want.

10 p.m. – "15 Minutes" R

Saturday
2 p.m. – "Rugrats in Paris" G, animated Tommy and the whole gang tag along with Stu to Reptarland. But the Rugrats' big adventure

turns out to be more than glamour. As their travels take them from the Eiffel Tower to Notre Dame and everywhere in between, they learn new lessons about courage, loyalty, trust and above all, true love.

4:30 p.m. – "102 Dalmations" G, starring Glenn Close and Gerard Depardieu. Cruella De Vil is released from prison on good behavior swearing that she will have nothing to do with fur ever again in her life. However, she cannot keep this promise and soon is plotting another scheme to get her ultimate Dalmation coat.

7 p.m. – "What Women Want" PG-13
9:30 p.m. – "Dracula" R

Sunday

2 p.m. – "102 Dalmations" G

4:30 p.m. – "Rugrats in Paris" G

7 p.m. – "15 Minutes" R

Monday
7 p.m. – "What Women Want" PG-13

Tuesday
7 p.m. – "What Women Want" PG-13

Wednesday
7 p.m. – "What Women Want" PG-13

Thursday
7 p.m. – "15 Minutes" R

March 30
7 p.m. – "Exit Wounds" R, starring Steven Seagal and Isiah Washington. Orin is a tough cop in an inner-city precinct who discovers a web of dirty cops and corruption. That's his cue to get tough and take names.
10 p.m. – "Exit Wounds" R

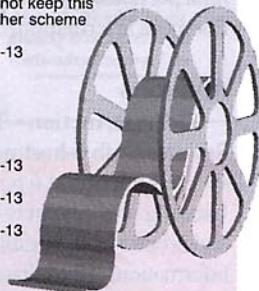




Photo by Staff Sgt. Tony Tolley

Career moves

Tech. Sgt. Paul Caron, 48th Communications Squadron, explains to Shana Arnold, a Lakenheath High School senior, how to work a camera in the multimedia center March 14. As part of the job-shadowing program, groups of seniors visited different squadrons similar to the career fields they are interested in.

Women's History Month events

☐ Women of Courage and Vision luncheon will be today at the Eagles' Landing. Guest Speaker will be Navy Capt. Mary Dimel. Cost is \$10 for club members and \$12 for non-members. Tickets will be sold at the RAF Lakenheath and RAF Mildenhall military equal opportunity offices and family support centers. For more information, call 7-3278 or 98-2468.

☐ Women's History Month information fair will be from noon to 5 p.m. March 31 at the Bob Hope Community Center, RAF Mildenhall. Topics will include breast cancer awareness, health and wellness, women in aviation, crime prevention, community relations, WIC, veteran's affairs and more. For more information, call 7-3278 or 98-2468.

Blood drive

There will be a blood drive 7:30 a.m. to 3:30 p.m. Tuesday at Building 959. For more information, call Master Sgt. Russell Knowles at 7-3828 or look up <https://www.48mg/MedicalServices.htm>.

Bedding plants issue

The Self Help Store will issue bedding plants March 30 from Building 1107. There is a five tray limit per housing unit. This is the first issue of many. For more information, call 7-2577.

Auctions

☐ **Craft Auction** – The Officers and Civilians Spouses Club is hosting it's 3rd annual crafts and services auction at 6 p.m. March 30 at the Eagle's Landing. This event is to raise money for charity and is open to all eligible club members. For more information, call Melissa Lueck at (01638) 533650.

☐ **Basket Auction** – The RAF Mildenhall American Red Cross will hold a basket auction March 30 at the Galaxy Club. Individuals, groups or squadrons may create a basket of donated items

or services to be auctioned. All baskets should be given to the Red Cross by Monday. The baskets will be on display from 1 to 5 p.m. for the public to view and to place silent bids. The doors will be re-open at 5:30 p.m. for ticket holders who have the opportunity to again view the baskets and place a silent bid. At 6 p.m., the main auction will begin. Refreshments and door prizes will be available. Tickets for the auction are available at the

RAF Mildenhall office, Building 460, or at the door, for \$5 per person. For more information, call 98-2107 or 98-3742.

Free family dinner

The 492nd and 493rd Fighter Squadrons are holding a free spaghetti dinner at 6 p.m. March 31 at the chapel for the family members of all troops deployed for AEF 4. Families from all squadrons are welcome. There will also be snacks and movies for the children. For more information, call Senior Master Sgt. Ray Townsend at 7-3372.

Spring photo session

Lakenheath Elementary School is having a spring photo session. Family portrait appointments are available for March 31, April 1 and 2. Pre-school and home schooled children's pictures will be taken April 3 and 4. No appointments are necessary. For more information or to schedule appointments, call Jake Rigdon at 7-3560, or e-mail jakerigdon@yahoo.com.

Library programs

☐ **Children's story hour** – 9:45 to 10:45 a.m. Tuesdays and 10 to 11 a.m. Saturdays

☐ **Understanding of classical poetry** – 11 a.m. to 1 p.m. Tuesdays and 11 a.m. to 5 p.m. Saturdays and Sundays

Call 7-3713 to schedule sessions.

ITT trips

Information, Tickets and Tours offers a number of trips throughout March: Birmingham Saturday, Warwick Castle and Hampton Court Palace Sunday, Norwich March 30, Legoland March 31. For details, call ITT at 7-2979.

Scale model show

The Mildenhall Scale Model Club will have a model show April 1 at the RAF Mildenhall Youth Center. There will be models and displays built by clubs from around the United Kingdom. For details, call Staff Sgt. David Neumann at 7-3219.

University of Oklahoma

Registration for University of Oklahoma summer classes has begun. For more information, call 7-6186 or 98-4172.

Earth Week

Earth Week is April 21 to 28. For those interested in participating in events, call Master Sgt. Burt Hillman at 7-5925 or Master Sgt. Corrie Nygaard at 98-4481.

Air Force club scholarship program

Air Force Services Squadrons are holding their 5th annual club membership scholarship program. Club members may sponsor themselves, spouses, children, stepchildren or grandchildren. Nominees must be accepted or enrolled in an accredited college or university as a part- or full-time student for entry during the fall term. Nominations must be submitted by July 15. For details, call 7-4073.

University of Maryland

The University of Maryland offers graduate degrees in public administration, management information systems and counseling and personnel services. For more information, call the graduate adviser at (01353) 860671 for more information.

Cable TV outage

Cablecom television service at RAF Lakenheath will be disrupted for several days next week as the company relocates its business office and transmission equipment to a different building. The company must move to a new location in order to make room for construction of the new child development center.

The RAF Lakenheath base housing and the Lord's Walk/Anglo housing areas will experience a temporary blackout of cable service beginning as early as Monday. Service will be restored as quickly as possible, although customers can expect periods of no service, intermittent service and limited channel availability for up to four days as the company relocates all of their satellite downlink equipment to a new location. Customer bills will be credited for the period of lost service.

Cablecom's new office will be located in Building 651 on Windsor Circle behind the Shoppette. Although they will be temporarily without an office from Monday to Thursday as they accomplish the move, their customer service telephone line, (01638) 532323, will continue to operate. Calls will be recorded on an answering machine and will be monitored during the move for any trouble reports or questions.

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...THE CHURCH?
 - Thursday 22 March 7.30pm
...THE KINGDOM?
 - Thursday 29 March 7.30pm
 Matthew Chapter 16 Verse 18-19
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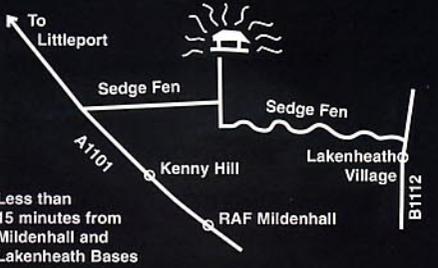
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 Pastor: Rev. Ian C. Bell.
 Mildenhall Baptist Church
 Market Street, Mildenhall, Suffolk, IP28 7EF
 Church Office. Tel: 01638 515411
 Email: officemildbapch@lineone.net

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 For more information
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 Acts: 2:38

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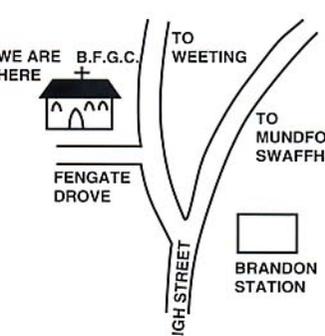
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 "Teaching and Preaching those things which concern the Lord Jesus Christ" - Acts 28:31

New Testament BAPTIST CHURCH

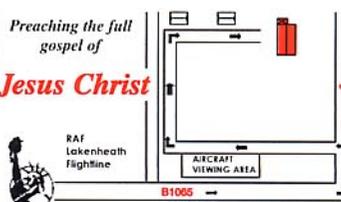
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Dr. Thomas J. Adams
 Pastor
 01638 - 716458
Rev. Todd M. Adams
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 01638 - 716622
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 Sunday School
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 Morning Worship 11 am
 Evening Worship 6:30 pm
 Wednesday Evening 7 pm

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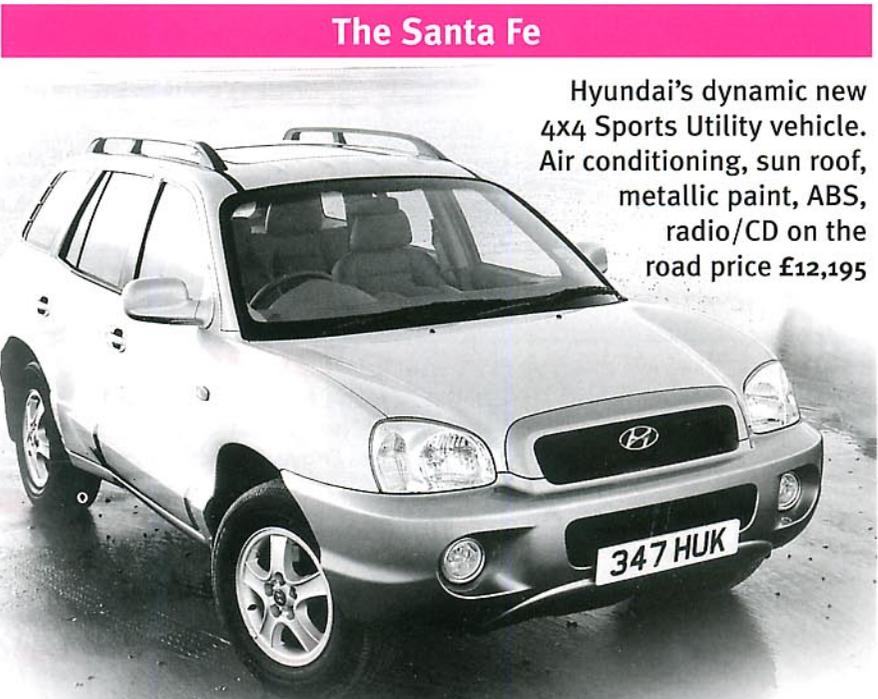


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